

WAYS TO FIND OUT MORE ABOUT UNITED PRESBYTERIAN CHURCH



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HELPFUL TO KNOW

If you'd like to join us for Sunday worship service live, please go to our Facebook page or YouTube and connect with the following link:

<http://upc-superior.com/youtube>

Please feel free to place any questions you may have by replying in the comments section (YouTube), or contact the church office by phone or email and request to be added to our email list.

PRAYER REQUEST

The Pastor is always glad to share prayer requests during the Prayer Time during each worship service. You can share a prayer request online in the comments section (YouTube) or by contacting the church by email or phone with your request.

The Prayer Chain may be activated by calling
Jan Heckman at 715-392-1072 (jan_KB9LTA@yahoo.com) or
Dean Hecht at 715-398-6532.

Choirmaster & Handbell Director—Jane Wester

Church Secretary—Tiffany Willie

Custodian—Beth Lisak

Director of Children, Youth & Family Ministries—Laura Foote

Financial Secretary—Jan Letsos

Nursery Coordinators—Annika Nikoi & Danielle Brady-Anderson

Organist & Pianist—Alexander Sandor

Pastor—Rev. Brett M. Foote

Treasurer—Christy Willmore

Cover Art: Photograph taken by Ephraim Nikoi



A CONGREGATION OF THE
PRESBYTERIAN CHURCH (U.S.A)



UNITED
PRESBYTERIAN
CHURCH OF SUPERIOR, WI



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Online Worship

Twenty-Fifth Sunday in Ordinary Time

September 24th, 2023

10:00 AM

If you are joining us online, please light a candle to remind yourself of the presence of God.

* Please rise in body or spirit.

If the text is bolded, everyone is invited to say the words in unison.

PRELUDE Alex Sandor

WELCOME AND ANNOUNCEMENTS

*CALL TO WORSHIP & INTROIT

Sing a New Song Unto the Lord #276

*PRAYER OF ADORATION & CONFESSION

One: Let us pray.

All: God who holds all life and death, thank you for the thrill of life and all of the passions you have given us.

Help us to live lives that rely on you, for our daily bread. Help us to live lives that "do the thing!"

Forgive us God when we choose comfort over Spirit, routine over the right thing to do, and security over faithfulness. Move in our lives and make them "spicy!"

In Jesus name we pray, amen.

*HYMN I'm Gonna Live So God Can Use Me #700

*ASSURANCE OF PARDON

One: The poet Francis Thompson writes in his poem *The Hound of Heaven*, "we fled Him, down the nights and down the days; we fled Him, down the arches of the years; we fled Him, down the labyrinthine ways. Of our own minds; and in the mist of tears we hid from Him, and under running laughter. Up vistaed hopes we sped;" I wish we could say that I or we always follow God at every instance God reminds us to, but it often feels more like we are being chased by a hound of heaven. God continually pursues us even when we don't pursue God. Because of Christ's birth, life, death, and resurrection...

All: We are all forgiven. Amen.

*PASSING THE PEACE

You are invited to bless those around you with the words, "**The peace of Christ be with you.**" In response you may say "**And also with you!**" (You may pass the peace in the comments section.)

Children are invited to gather by the round table in the narthex for Children's Church.

*RESPONSE Our God Is An Awesome God #616

RECEPTION OF NEW MEMBERS TO OUR COMMUNITY

Presentation of Dawn Long, Nick Long, Tyler Brue, Melinda Yingling, Ryan Yingling, Andrew Yingling, and Aiden Yingling, Jackie VanErt, Dale VanErt, Jill Harnstrom, Dorothy Burriss, Mac Burriss, Chaz Burriss

*APOSTLES CREED

One: With the whole church, let us confess our faith.

All: I believe in God, the Father almighty, Maker of heaven and earth, and in Jesus Christ his only Son, our Lord; who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, dead, and buried; he descended into hell; the third day he rose again from the dead; he ascended into heaven, and sitteth on the right hand of God the Father Almighty; from thence he shall come to judge the quick and the dead. I believe in the Holy Ghost; the holy catholic church; the communion of saints; the forgiveness of sins; the resurrection of the body; and the life everlasting. Amen.

WELCOME

SCRIPTURE READINGS

New Testament Reading Matthew 20:1-16

CHANCEL CHOIR ANTHEM

SERMON "Complaints From The Wilderness: Daily Bread & Death Bed Regrets" Rev. Brett M Foote
Old Testament Reading Exodus 16:3-5,10-15

*HYMN All Who Hunger, Gather Gladly #509

MOMENT FOR STEWARDSHIP & MISSION

OFFERING

OFFERTORY Alex Sandor
*RESPONSE We Give Thee But Thine Own (vs. 1) #708

**We give thee but thine own,
Whate'er the gift may be;
All that we have is thine alone,
A trust, O Lord, from thee.**

PRAYER OVER OFFERING

One: Let us bless these gifts.

All: God of our daily bread, may we serve you wholly and fully. Bless us so that we may be a blessing to our neighbors and fellow pilgrims. Bless us so that we might elevate the voices of those who have been marginalized. Bless others as we give of our time, talents, or treasures. May we represent your expansive justice and love. Help us to let others know they are beloved. Help us to connect with, serve, and care for our community so that Superior, Duluth, and even Accra, Ghana may know your "love that goes into the far country." Amen.

Prayers to be Shared Please email or call the church with your prayer requests or share them in the comments section. (YouTube)

**Silent Prayer
Pastoral Prayer**

OLD TESTAMENT READING

Exodus 16:3-5,10-15

The Israelites said to them, 'If only we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger.'

Then the Lord said to Moses, 'I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not. On the sixth day, when they prepare what they bring in, it will be twice as much as they gather on other days.' And as Aaron spoke to the whole congregation of the Israelites, they looked towards the wilderness, and the glory of the Lord appeared in the cloud. The Lord spoke to Moses and said, 'I have heard the complaining of the Israelites; say to them, "At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God."'

In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, 'What is it?' For they did not know what it was. Moses said to them, 'It is the bread that the Lord has given you to eat.'

ANNOUNCEMENTS

LITURGIST & COFFEE HOUR SIGN UP

There are two sign up sheets at the back of the Narthex, one to sign up to host our coffee hours following the service, and one where you can sign up to be a liturgist during our Sunday worship services. These are both great opportunities to get involved with the church!

INCLUSIVE CARE UNIT

We are currently accepting: mittens, hats, scarves, hand warmers, coats and toiletry items (toothbrushes, toilet paper, bars of soap, etc.). Please bring donations in during office hours or on Sunday morning. Donations can be placed in the labeled bin found in the narthex. Thank you for your donations!

NURSERY AVAILABILITY

Our nursery is open 15 minutes before the service begins for children who are newborn through 4 years old. Once checked in, your young ones can play in a safe environment during worship.

CHILDREN'S CHURCH

After the Passing the Peace portion of our service, children ages 5 through 5th grade are invited to meet by the round table in the narthex, from there they will go together to the Youth room for Children's Church! This is a time designed specifically for our young ones to learn and grow in their faith.

ANNOUNCEMENTS

SMALL GROUP FOR MIDDLE AND HIGH SCHOOL STUDENTS

Calling all middle and high school students! On October 1st we will be starting a six-week study called: Worship at the Table. This will be a time to build community with one another, reflect on scripture and how it intertwines with our lives, and enjoy a delicious meal together! This group will be led by Laura Foote and Don Jensen, and will meet on Sundays at 6:30p at Laura and Brett's home. If you have any questions or are planning to come, please reach out to Laura after the service or send an email to lmfoote.upc@gmail.com.

FELLOWSHIP AND OUTREACH NEWS

Join us for pickleball every **Tuesday** and **Wednesday at 10:00 AM**.

SUPERIOR REBUILD FORMS

If you or someone you know is in need of assistance with a large scale or small scale project, such as home repairs or upgrades, Superior Rebuild would like to help! There are forms available at the back of the narthex that can be filled out with details about the work that needs to be done. Once they are filled out, feel free to put them into the offering plate, mailbox, or in the office. You may also scan and email the form to the office if that is convenient for you.

25TH ANNIVERSARY

Mark your calendars! We will be celebrating UPC's 25th Anniversary the evening of October 7th, at Barker's Island Inn. Social time will begin at 5 PM, followed by a buffet dinner at 6 PM, Love Creamery Ice Cream for dessert at 6:45 PM, and a program to begin at 7 PM. Tickets are currently on sale—they are \$20 for adults, and \$10 for children 10 & under.

CURRENT COVID PROCEDURES

As of Friday, September 22nd, Douglas County is at a Low COVID-19 Community Level. At this level, the Session-approved guidelines recommend that our community members stay up to date on vaccinations, mask in spaces with older folks and other potentially immunocompromised individuals, and stay home when sick.



Worship at the Table

Whether prepared in a fancy restaurant, picked up through a fast food line, or made in your kitchen, whether eaten with friends in celebration, in the car between events, or on the couch alone, food is an essential part of daily life for all people around the world.

Our cultural and personal experiences are often intimately tied to what we choose, or choose not, to eat. Our meals tell stories about who we are and where we come from. The Bible echoes this truth: Stories of meals and the act of eating show up numerous times throughout the Bible. Breaking bread and eating together has been part of Christian worship since Christianity's earliest days. Meals are more than just a handy metaphor in the Bible. God often uses meals to prove God's provision for, redemption of, and ongoing communion with humanity.

If you've never considered the spiritual implications of food or you don't think of yourself as a "foodie," that's okay! Week by week, these lessons will help you and your community grow in your understanding of the ways food shapes you—and to find rest, joy, and healing every time you eat.

Spiritual Formation Groups

Starting the week of **October 1st!**

Hello UPC!

The Spiritual Formation Committee welcomes you back to another programmatic year...and with that some exciting news: Following the incredible response to our first small groups, we are looking forward to sharing with you our second ever offering which comes from our friends at Edible Theology. We will "Worship At The Table" together this fall. Because we know you are all very busy, we are providing multiple meeting times throughout the week with the hopes that everyone who wishes to join in and grow in their relationships with God, food, their faith, and each other will be able to do so.

Groups will meet weekly at the same time, always over a meal, and in a host home. The groups will begin meeting the first week of October and run through the second week of November.

We are aiming to keep groups intimate with no more than 10-12 people in each group. Last time, all of our groups filled up in the first two weeks of sign ups. If one date/time is really popular we will try to create another group for that date/time. We ask that you sign up for a group that you will be able to attend most regularly. This will allow groups to create a consistent connection and grow to share, pray, and wrestle with any confusing or difficult questions they have. **Sign ups begin this week and will run through Sunday, September 24th.**

Sign Up for a Spiritual Formation Group

Please tear off this section and put it into the offering plate OR contact the church during business hours.

Name:

Phone Number:

Email:

Food allergies and/or restrictions:

(Circle One)

Booklet of weekly reflections: Printed or Emailed

Would childcare prohibit you from signing up? Yes or No

(Circle One)

a. Monday (6-7:30 pm)

(Leaders: Deborah & Eric Schlacks, Hosts: Beth & Tom Lisak)

Host Location: Amnicon Lake

*Hosts have cats.

b. ~~Tuesday (1:00 pm)~~ This group has been filled!

~~(Leader: Jane Wester, Hosts: Cathy & Dean Hecht)~~

~~Host Location: Superior East End/Near Church~~

~~*Barrier Free & No Animals~~

c. Tuesday (6:15-7:45 pm)

(Leader: Pastor Brett, Host: Debbie Bergstrom)

Host Location: Billings Park

d. Wednesday (6:30-8:00 pm)

(Leaders: Erica Schulz, Hosts: Bev & Tom Vosburgh)

Host Location Billings Park

*Hosts have dogs sometimes.

Sing a New Song unto the Lord 276

(Psalm 98)

Refrain

Musical score for 'Sing a New Song unto the Lord' (Psalm 98). The score is in G major, 3/4 time, and consists of six systems of music with lyrics and guitar chords. The chords are: G, D, D#dim, Em, Am7, D, G, D7/A, G, G, D, D#dim, Em, Am7, D7, G, Fine, G, D7/A, Am/G, D/F#, Em, Am7, D7sus, D7, G, D7/A, Am/G, D, C, Am7, Dsus, D, to Refrain.

Sing a new song un - to the Lord; let your song be
 sung from moun - tain's high. Sing a new song
 un - to the Lord, sing - ing hal - le - lu - jah!
 1 Shout with glad - ness! Dance for joy! O come be -
 2 Rise, O chil - dren, from your sleep; your Sav - ior
 3 Glad my soul for I have seen the glo - ry
 fore the Lord. And play for God on
 now has come. He has turned your
 of the Lord. The trum - pet sounds; the
 glad tam - bou - rines, and let your trum - pet sound.
 sor - row to joy, and filled your soul with song.
 dead shall be raised. I know my Sav - ior lives.

700 I'm Gonna Live So God Can Use Me

Musical score for 'I'm Gonna Live So God Can Use Me'. The score is in G major, 4/4 time, and consists of six systems of music with lyrics and guitar chords. The chords are: G, D, D#dim, Em, Am7, D, G, D7/A, G, G, D, D#dim, Em, Am7, D7, G, Fine, G, D7/A, Am/G, D/F#, Em, Am7, D7sus, D7, G, D7/A, Am/G, D, C, Am7, Dsus, D, to Refrain.

1 I'm gon - na live so (live so)
 2 I'm gon - na work so (work so) God can use me an - y -
 3 I'm gon - na pray so (pray so)
 4 I'm gon - na sing so (sing so)
 where, Lord, an - y - time!
 I'm gon - na
 I'm gon - na
 I'm gon - na
 I'm gon - na
 (an - y - time!)
 live so (live so)
 work so (work so) God can use me an - y -
 pray so (pray so)
 sing so (sing so)
 where, Lord, an - y - time!
 (my Lord,) (an - y - time!)

Our God Is an Awesome God 616

Awesome God

Musical notation for the first line of the song, featuring a treble clef, a key signature of one sharp (F#), and a 2/2 time signature. The melody is written on a single staff with notes and rests. Chord symbols C, G, D, and Em are placed above the staff.

Our God is an awe-some God who reigns from heav-en a-bove

Musical notation for the second line of the song, continuing the melody from the first line. Chord symbols C, G, Am, Em, B7, and Em are placed above the staff.

with wis - dom, power, and love; our God is an awe-some God!

All Who Hunger, Gather Gladly 509

Musical notation for the first line of the song, featuring a treble clef, a key signature of one sharp (F#), and a 4/4 time signature. The melody is written on a single staff with notes and rests.

1 All who hun-ger, gath-er glad - ly; ho - ly man-na is our bread.
 2 All who hun-ger, nev-er strang-ers, seek-er, be a wel-come guest.
 3 All who hun-ger, sing to - geth - er; Je - sus Christ is liv - ing bread.

Musical notation for the second line of the song, featuring a bass clef and a 4/4 time signature. The accompaniment is written on a single staff with notes and rests.

Musical notation for the third line of the song, featuring a treble clef, a key signature of one sharp (F#), and a 4/4 time signature. The melody is written on a single staff with notes and rests.

Come from wil-der-ness and wan-dering. Here, in truth, we will be fed.
 Come from rest-less-ness and roam-ing. Here, in joy, we keep the feast.
 Come from lone - li - ness and long - ing. Here, in peace, we have been led.

Musical notation for the fourth line of the song, featuring a bass clef and a 4/4 time signature. The accompaniment is written on a single staff with notes and rests.

Musical notation for the fifth line of the song, featuring a treble clef, a key signature of one sharp (F#), and a 4/4 time signature. The melody is written on a single staff with notes and rests.

You that yearn for days of full - ness, all a - round us is our food.
 We that once were lost and scat-tered in com - mu - nion's love have stood.
 Blest are those who from this ta - ble live their days in grat - i - tude.

Musical notation for the sixth line of the song, featuring a bass clef and a 4/4 time signature. The accompaniment is written on a single staff with notes and rests.

Musical notation for the seventh line of the song, featuring a treble clef, a key signature of one sharp (F#), and a 4/4 time signature. The melody is written on a single staff with notes and rests.

Taste and see the grace e - ter - nal. Taste and see that God is good.

Musical notation for the eighth line of the song, featuring a bass clef and a 4/4 time signature. The accompaniment is written on a single staff with notes and rests.

We Are the Church United

Laura Fuller and Henry Hanna

Laura Fuller © 1998

C Am7 Em G7

We are the church u - nit - ed com-ing to-geth-er to

Am G7 C G7

Pray for God's bless-ings up - on us,

C Am7 Em G7 G#7

We are the church u - nit - ed join-ing our voi-ces in

Am G7 C Fine

Praise and thanks-giv - ing to God.

1. A
2. One

Am Em

new day has come, And We ask your guid - ance,
Lord is our Lord, One word is our man - date,

Am G

Lead us a - long the way, We
One hope that leads us on, We're

Am

praise to the Fath - er, Son and the Spir - it,
trav' - ling a new road, Foll' - wing a vis - ion,

E7 Am G7 D.C. al Fine

Grant us a great new day, Oh,
God's will, it shall be done, Oh,