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# UPBEAT OCTOBER 2024

## CONTACT INFORMATION

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[facebook.com/unitedpresbyterianchurch](https://facebook.com/unitedpresbyterianchurch)

Reverend Brett Foote phone 717-247-4433

Worship: Sundays at 10 a.m.

## DO WE HAVE YOUR CURRENT INFORMATION?

Has your contact info changed? call the church office at: 715-392-4751 or [unitedpresbyterianchurch@gmail.com](mailto:unitedpresbyterianchurch@gmail.com)



A CONGREGATION OF THE  
PRESBYTERIAN CHURCH (U.S.A.)

## SPIRITUAL FORMATION: FOR AGES & STAGES COMMITTEE

Laura Foote, Director of Spiritual Formation, [lmfoote.upc@gmail.com](mailto:lmfoote.upc@gmail.com)

Hello Church!

What a beautiful September it has been! We had a rockin' Sunday with our Back-to-School Blessing. Our carrots are still growing in the garden and during Children's Church one Sunday we pulled a few to try—there is nothing like eating a carrot right out of the garden!

We'll be starting off October with our Spiritual Formation Small Groups, volunteering at Great Lakes Elementary and our Family Fall Retreat! Later in the month our 2024-2025 Confirmation Class will begin AND we'll be hosting a Trunk-or-Treat! Consider decorating your trunk, Brett and I are planning to! We've officially launched into autumn and I am so pumped for it. 🍁

There are ways to serve, there are ways to be filled up, there are ways to embrace our current season and have some fun. I really can't say enough about how thankful I am for you all.

Our next Spiritual Formation Committee meeting will be at 8:30a on Sunday, October 6th in the Youth room.

With a heart bursting with joy,  
Laura



## OCTOBER MEETINGS

### WORSHIP COMMITTEE MEETING

Tuesday, October 1st at 4:30 PM

### SPIRITUAL FORMATION COMMITTEE

Sunday, October 6th at 8:30 AM

### FELLOWSHIP & OUTREACH

Monday, October 7th at 2:00 PM

### PRESBYTERIAN WOMEN

Wednesday, October 9th at 9:30 AM

### DEACONS MEETING

Wednesday, October 9th at 4:00 PM

### PERSONNEL COMMITTEE MEETING

Wednesday, October 9th at 6:15 PM

### BUILDINGS & GROUNDS

Thursday, October 10th at 6:00 PM

### FINANCE COMMITTEE

Monday, October 14th at 5:00 PM

### SESSION MEETING

Thursday, October 17th at 6:15 PM

### MISSION COMMITTEE

Thursday, October 24th at 4:30 PM

### CAREGIVER'S WORKSHOP—

Wednesday, October 16th at 1:00 PM

If you have questions, call Luann Tiege at 715-394-3611.

**STAFF MEETING—** Every other Wednesday 12:00 PM (Zoom)

**AA MEETING—** Every Tuesday 1:00 PM

## CRAFTERS GROUP

The Crafters Group will meet every Wednesday in the Library at 10 AM. Please feel free to come join us with whatever craft project you would like to work on. We will not be doing organized activities, just working on our own crafts and enjoying each other's company. Join us for as long as you would like, whether that be 15 minutes, an hour, or more! Direct any questions to Londa Hatch, at 651-338-4030.

## OCTOBER BIRTHDAYS

Carsen Johnson	10/1
Abby Willmore	10/1
Tyler Brue	10/2
Jeff Skoraczewski	10/3
Cierra Kiel	10/4
Nathan Peterson	10/4
Andrew Yingling	10/5
Pat Johnson	10/6
Sanghee Pauna	10/8
Jill Harnstrom	10/10
Mike Gronquist	10/13
Cassandra Fuller	10/17
Hannah Fuller	10/17
Deborah Bergstrom	10/18
Vikki Buckley	10/18
Anna Matthias	10/19
Ed Krube	10/20
Jennifer Willoughby	10/22
Donna Okash	10/23
Ryan Yingling	10/24
Joyce Bee	10/24
Alli McCumber	10/24
Sara McCumber	10/25
Michelle Cornetet	10/25
Kim Kiel	10/27
Fran Brice	10/27
Grayson Prange	10/31

## FELLOWSHIP AND OUTREACH

—Pickleball every Tuesday and Thursday 10:00 AM

—Volleyball every Sunday night at 6:00 PM

—Munch Bunch Thursday, October 3rd at Golden Inn at 1:30 PM

## MISSION



### COMMUNITY DINNER

October 20th at 4:00 PM

The menu this month includes meatloaf, roasted potatoes and apple crisp.

### RUTH HOUSE WISHLIST

Coffee  
Sugar  
Creamers

JoAnn Rush (218-391-5304) is willing to collect donations from church and deliver them to Ruth House.

**THANK YOU!**

### SALVATION ARMY WISHLIST

Paper towels  
Toilet paper

### CASDA

Tooth paste  
Tooth brushes

### SUPERIOR COMMUNITY HEALTH FREE STORE

Canned goods

### DONATION NEWS

During the month of October we will be doing a donation drive for Women's feminine hygiene items. These will be divided between those locations that serve women in the Duluth/ Superior area. A labeled box will be located in our donation area and will include a list of requested items. If you have any questions please call JoAnn Rush - 218- 391-5304.

Thanks to everyone for your continued support.  
-Mission Committee

## UPC CARE PORTAL TEAM

The Mission Committee is looking for all people who may be interested in a new program called CarePortal, Care-Sharing technology that drives action for kids and families in crisis. Caseworkers are overwhelmed daily by the needs of children and families in their communities. CarePortal connects children in need with people who want to help. Social workers from Douglas County are able to submit requests via an online portal. The requests get sent to the participating faith groups, the faith groups can commit to some or all of the needs, then deliver it straight to the families. If this is something that interests you and you would like to learn more or join the UPC CarePortal team, please sign up in the Narthex or contact Reese in the main office. To learn more now visit: [www.careportal.org](http://www.careportal.org)

## PRESBYTERIAN WOMEN

### FALL FLING BAZAAR

As soon as we are done with the roast beef dinner the Presbyterian Women will be getting ready for the annual Fall Fling Bazaar. The Bazaar is scheduled for Saturday, November 2nd. We need everyone's help to make this a success. We will need craft items, gift baskets, baked goods, homemade candies, and any other items you create. If you are unable to contribute by donating items to sell, you can contribute by coming to shop.

The monthly gathering of UPC's Presbyterian Women will be held on Wednesday, October 9, 2024 at 9:30 at the church. This is a week later than normal. Hostesses will be Lyn Larson and Dorothy Burriss. Devotions will be Londa Hatch. All women are cordially invited to attend.

### PDA BAGS

Thank you! Thank you! Thank you for all the help with the PDA bags.



## MINISTRY OF THE DEACONS

### *In Our Thoughts and Prayers . .*

#### **NEW PERSPECTIVES, Superior, WI**

Ken & Marianne Aker  
Fran Brice  
Gloria Neuman  
Ron & Bev Underdale  
Susan Litehiser

#### **SUPERIOR REHAB, Superior, WI**

Ken Uvila

#### **RACINE, WI**

Dorothy Granfors

#### **IN THE MILITARY**

Christopher Voss

#### **VILLA MARINA, Superior, WI**

Janice Parish

#### **MIDDLE RIVER ASPEN, Superior, WI**

Anita Anderson

## WORSHIP

**WATCH ALL WORSHIP  
SERVICES LIVE ONLINE:**

<http://upc-superior.com/youtube>

### LITURGISTS

#### OCTOBER

10/6– Laura Petite

10/13– Kathy Jensen

10/20– Sue Olson

10/27– Dustin Anderson

#### NOVEMBER

11/3– Vacant

11/10– Vacant

11/17– Vacant

11/24– Vacant

#### ***If you would like to fill any vacancies...***

The sign up sheets are available at the back of the Narthex. Dates through December of 2024 are posted. You may also call or email the office to sign up for a vacant date if you would like. Being a liturgist is a great opportunity to get involved by leading the church in our scripture readings, and our call to worship.

## COMMUNITY GARDEN HARVESTING AT GREAT LAKES!

This year, the UPC Community Garden expanded to Great Lakes Elementary School. Jane Wester and Beth Lisak raised onions and potatoes in the raised bed on the school grounds. Recently, students from Alice Mathias's and Terri Bronson's classes harvested the onions. Potato harvesting will follow soon.

### DID YOU KNOW YOU CAN DONATE ONLINE?

At United Presbyterian Church, we offer many opportunities to give of yourself to glorify God. From signing up to volunteer to donating financially, if you'd like to support the mission and vision of the church you can do so at the following link:

<https://www.upc-superior.com/donate>

A note from the office, please be diligent in getting the information or articles for the UPBeat to the office by the deadline.

#### UPBEAT FOR NOVEMBER 2024

ISSUE DEADLINE: Friday, October 25th

MAILING: Tuesday, October 29th



# THE UPBEAT OCTOBER 2024

From the Pastor

United,

The leaves of change are among us! September brought with it the culmination of a great Summer here at UPC, the ramp up of our programmatic year, and the chillier air has started to make itself known. Probably the biggest change this last month saw our Church Treasurer, Christy Willmore transition, with a vote of confidence and support from Personnel and of Session, to a mostly all remote position here at UPC as she moves to Iowa to care for her family. If you weren't able to wish her well before she left please reach out to her by email or phone!

Speaking of staff transitions, after 12 years of serving as our custodian, Beth Lisak is leaving her position here! We are so thankful for Beth's work and service here to the church and this community. Her time on staff here has been a gift. If you are around on Sunday October 6, we will celebrate her time at the church by praying over her and celebrating her time here at Coffee Hour after service. There will be a basket for cards. Her last day "in the office" is October 13. Don't worry she'll still be around church just not in a staff capacity any longer.

Our Harvest Home Dinner, Family Fall Retreat, reading and math support at Great Lakes Elementary, Spiritual Formation Small Groups (Studying the book of John), all kick off this first week of October. Then the following week 6 of us make our way to Accra, Ghana for the PC(USA)'s Ghana Mission Network Conference. Thanks to you all and United's Presbyterian Women we raised roughly \$2,000 to bolster our relationship building and ministry collaboration project. More information about our trip and who is going can be found below:

For the last 15 years, we as a church have supported the work of Rev. Josh Heikkila, PC(USA) mission co-worker to Ghana, West Africa through prayer and financial gifts. This Spring he reached out to one of our elders, Dr. Ephraim Nikoi about organizing a group to take part in the next Ghana Mission Network Conference (GMN). The GMN is comprised of representatives from the Presbyterian Church USA, the Presbyterian Church of Ghana, and the Evangelical Presbyterian Church of Ghana. Once a year they gather to discuss how to grow their partnerships, do ministry together, and build relationships. This year, it will take place in Tema, Ghana (Just outside the capital). A group consisting of: Cathy Hecht, Laura Foote, Dr. Ephraim Nikoi, Dr. Bob McClellan, Phil Peterson (member of Bayfield Presbyterian Church), and myself wrote a successful grant to attend this conference and expand our relationships and ministry opportunities with our Ghanaian siblings! The conference will take place from October 7-19, 2024. We plan on creating partnerships with local congregations seeing how we can do ministry collaboratively, spend time and resources empowering a local school with technology and a constructed and installed play set, create some pen pals, and so much more. One thing is for sure we have so much to learn!

I'm looking forward to this month of incredible ministry. Remember your work here at UPC in Superior not only affects your neighborhood but touches the world!

Grace & Peace,  
Pastor Brett