WAYS TO FIND OUT MORE ABOUT UNITED PRESBYTERIAN CHURCH



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HELPFUL TO KNOW

If you'd like to join us for Sunday worship service live, please go to our Facebook page or YouTube and connect with the following link: http://upc-superior.com/youtube

Please feel free to place any questions you may have by replying in the comments section (YouTube), or contact the church office by phone or email and request to be added to our email list.

PRAYER REQUEST

The Pastor is always glad to share prayer requests during the Prayer Time each worship service. You can share a prayer request online in the comments section (YouTube) or by contacting the church by email or phone with your request.

The Prayer Chain may be activated by calling Jan Heckman at 715-392-1072 (jan_KB9LTA@yahoo.com) or Dean Hecht at 715-398-6532.

Choirmaster & Handbell DirectorJane WesterChurch SecretaryReese StarihaCustodianBeth LisakDirector of Spiritual FormationLaura FooteFinancial SecretaryCathy Hecht

Nursery Coordinators Annika Nikoi & Danielle Brady-Anderson

Organist & PianistAlexander SandorPastorRev. Brett M. FooteTreasurerChristy Willmore

Cover Art: Campfire photo is provided by Kirsten & Doug Standen



A CONGREGATION OF THE PRESBYTERIAN CHURCH (U.S.A)





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3rd Sunday in Eastertide

April 14th, 2024 10:00 AM

If you are joining us online, please light a candle to remind yourself of the presence of God.

* Please rise in body or spirit.

If the text is bolded, everyone is invited to say the words in unison.

PRELUDE Alex Sandor

WELCOME & ANNOUNCEMENTS

*CALL TO WORSHIP & INTROIT O Lord, Our God, How Excellent #25

*PRAYER OF ADORATION & CONFESSION

One: Let us pray...

All: God who took on flesh, you show us in Jesus what it means to live a redeemed life. Thank you for his example, thank you for his sacrifice, thank you, thank you, thank you for your son who was fully human and fully God. Forgive us for those times when we believe the body to be evil. Forgive us when we curse the bodies we live in or don't care for them. Help us to love our bodies and ask for what we need and want. In Christ's precious name we pray. Amen.

*ASSURANCE OF PARDON

One: Part of being embodied people means that we will mess up from time to time. We won't be perfect. We will curse the bodies we live in on occasion for not working right or worse for breaking down or having needs. The good news is, God, in Jesus through the power of the Holy Spirit redeems us wholly and fully. Nothing will not be redeemed. Know that today because of Christ's birth, life, death, and especially his resurrection....

All: We are all redeemed and forgiven!

*PASSING THE PEACE

You are invited to bless those around you with the words, "The peace of Christ be with you." In response you may say "And also with you!"

*RESPONSE O for a World #372

Children are invited to gather by the round table in the narthex for Children's Church.

SCRIPTURE READING Jill Harnstrom

Old Testament Reading Psalm 4:1-8

Chancel Choir

SERMON Ghosts With Appetites?: Embodied Redemption

Rev. Brett M Foote

New Testament Reading Luke 24: 36b-48

*HYMN God, Be the Love to Search and Keep Me

MOMENT FOR STEWARDSHIP & MISSION

OFFERING Give Thanks #647
OFFERTORY

*OFFERING HYMN #607

Praise God from whom all blessings flow; Praise God all creatures, here below. Praise God above, ye heavenly host; Creator, Christ and Holy Ghost. Amen.

*PRAYER OVER OFFERING

One: Let us bless these gifts.

All: Embodied God, thank you for the gifts of love and sacrifice before us, thank you for making yourself known to us and healing us in Jesus! Help us to elevate the voices of those who have been marginalized or hurt by society. Help us to give of our time, talents, or treasures. May we model your expansive justice and love. Send your powerful Spirit so we can connect with, serve, and care for our congregation, Superior community, and this world. We want others to know your "Yes!" towards all humanity! Amen.

PRAYERS TO BE SHARED SILENT PRAYER PASTORAL PRAYER

LORD'S PRAYER

All: Our Father who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our debts, as we forgive our debtors; and lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power and the glory, forever. Amen.

CLOSING HYMN What a Friend We Have in Jesus #465

*BENEDICTION

*POSTLUDE

#543

United Presbyterian Church Weekly Calendar

SUNDAY 4/14

8:45 AM Chancel Choir

9:00 AM Spiritual Formation Committee

10:00 AM Morning Worship

10:15 AM Children's Church

2:00 PM Rampage Softball

6:00 PM Volleyball

6:30 PM Second Student Dinner

MONDAY 4/15

5:00 PM Finance Committee

6:00 PM Rampage Softball

6:15 PM Piano Lessons

TUESDAY 4/16

9:00 AM Women's Retreat 10:00 AM Pickleball 6:00 PM Bell Choir

WEDNESDAY 4/17

10:00 AM Crafters Group 12:00 PM Staff Meeting

THURSDAY 4/18

9:00 AM Women's Retreat 10:00 AM Pickleball 6:15 PM Session Meeting

FRIDAY 4/19

SATURDAY 4/20

Birthdays This Week

4/14- Tom Jacobson

4/14- Larry Johnson

4/16- Chaz Burris

4/20- Jeff Schmitt

4/20- Jim Thompson

OLD TESTAMENT READING

Psalm 4: 1-8 Answer me when I call, O God of my right! You gave me room when I was in distress. Be gracious to me, and hear my prayer. How long, you people, shall my honor suffer shame? How long will you love vain words and seek after lies? Selah But know that the Lord has set apart the faithful for himself; the Lord hears when I call to him. When you are disturbed, do not sin; ponder it on your beds, and be silent. Selah Offer right sacrifices, and put your trust in the Lord. There are many who say, "O that we might see some good! Let the light of your face shine on us. O Lord!" You have put gladness in my heart more than when their grain and wine abound. I will both lie down and sleep in peace, for you alone, O Lord, make me lie down in safety.

NEW TESTAMENT READING

Luke 24: 36b-48

While they were talking about this, Jesus himself stood among them and said to them, "Peace be with you." They were startled and terrified and thought that they were seeing a ghost. He said to them, "Why are you frightened, and why do doubts arise in your hearts? Look at my hands and my feet; see that it is I myself. Touch me and see, for a ghost does not have flesh and bones as you see that I have." And when he had said this, he showed them his hands and his feet. Yet for all their joy they were still disbelieving and wondering, and he said to them, "Have you anything here to eat?" They gave him a piece of broiled fish, and he took it and ate in their presence. Then he said to them, "These are my words that I spoke to you while I was still with you—that everything written about me in the law of Moses, the prophets, and the psalms must be fulfilled." Then he opened their minds to understand the scriptures, and he said to them, "Thus it is written, that the Messiah is to suffer and to rise from the dead on the third day and that repentance and forgiveness of sins is to be proclaimed in his name to all nations, beginning from Jerusalem. You are witnesses of these things.

LOOKING AHEAD

April 14th- Hike the Millenium @ 12PM

April 14th- Second Student Dinner @ 6:30 PM

April 21st- Community Dinner @ 4:00 PM

April 24th- Rib Dinner @ 4:00 PM

DID YOU KNOW YOU CAN DONATE ONLINE?

At United Presbyterian Church, we offer many opportunities to give of yourself to glorify God. From signing up to volunteer to donating financially, if you'd like to support the mission and vision of the church you can do so at the following link:

https://www.upc-superior.com/donate

<u>ANNOUNCEMENTS</u> <u>ANNOUNCEMENTS</u>

GET INVOLVED

There are plenty of ways to get involved here at United! Two great ways that are available year-round are to sign up to be a liturgist during our Sunday worship, or to host a coffee hour following the service. There are sign up sheets available at the back of the Narthex under the calendar!

NURSERY AVAILABILITY

Our nursery is open 15 minutes before the service begins for children who are newborn through 4 years old. Once checked in, your young ones can play in a safe environment during worship.

CHILDREN'S CHURCH

After the Passing the Peace portion of our service, children ages 5 through 5th grade are invited to meet by the round table in the narthex, from there they will go together to the Youth room for Children's Church! This is a time designed specifically for our young ones to learn and grow in their faith.

SECOND SUNDAY STUDENT DINNER

Today middle and high school students are invited to our Second Sunday Student Dinner! The dinner will take place at the Nikoi's home at 6:30p. This month it will be a game night! Come ready to fill your belly and have a fun time together! If you have any questions, reach out to Laura after the service or by emailing Imfoote.upc@gmail.com.

CAMP SUNDAY

On Sunday, May 5th the Spiritual Formation Committee will be hosting a camp-themed Coffee Hour. The goal is to share about the positive influence of camp and raise funds to send students to camp this summer!

SPIRITUAL FORMATION COMMITTEE

The Committee overseeing Spiritual Formation Small Groups will meet Sunday, April 21st at 11:15 AM in the Youth Room.

FELLOWSHIP AND OUTREACH NEWS

You can join us for pickleball **Tuesdays or Thursdays from 10 AM-12 PM**. We hope to see you there!

Volleyball will be every Sunday at 6 PM except May 5th will start at 12 PM.

FELLOWSHIP AND OUTREACH ADVENTURE GROUP

Come hike the Millenium Trail today at 12:00 PM followed by lunch at 1:00 PM @ Boulder Tap House. All are welcome! If you have any questions contact Debbie Bergstrom 218-269-4679.

COMMUNITY GARDEN POTLUCK

We are having a potluck on Sunday, April 28, after church, to celebrate the approach of the 2024 garden season! Everyone in the congregation is invited. This will be a salad-and-dessert potluck. Please sign up, starting today, to bring a salad of any kind (green, pasta, bean, meat, fruit--you name it) or a dessert on the 28th. The sign-up sheets are on the Community Garden table in the narthex.

BUMP SET SPIKE BY JAY

UPC had some good volleyball on April 7th. We had great sets and spikes! Come join us today @ 6:00PM.

CURRENT COVID PROCEDURES

As of Friday, April 12th, Douglas County is at a **Low COVID-19 Community Level**. At this level, the Session-approved guidelines recommend that our community members stay up to date on vaccinations, mask in spaces with older folks and other potentially immunocompromised individuals, and stay home when sick.

PRESBYTERIAN WOMEN OF NORTHERN WATERS

The theme of the annual meeting of the Presbyterian Women of Northern Waters is from Isaiah 43:2, "When you pass through the waters, I will be with you." We will gather May 3-4 in Grand Rapids. The gathering will begin at 6:30 pm at the Community Presbyterian Church, 703 N Pokegama Ave with a time of fellowship and pizza. If you plan to stay overnight, a complete list of hotels in Grand Rapids is available on **visitgrandeapids.com**. The meeting on Saturday morning will begin with registration and coffee at 9:30 and features our speaker, Mary Shideler who kayaked 1007 lakes in Minnesota. Please contact **Barb Mever. 218**-

MIDLIFE MOMENTUM WOMEN'S RETREAT

Please join us for a 2 day women's retreat on "Midlife Momentum" with Dr. Holly Schut at UPC April 16th and 18th from **9am-3pm** in the youth room. Invite your friends to this special event sponsored by the Fellowship & Outreach Committee. Lunch will be provided and there will be a free will offering.

256-8884 to register by Thursday, April 25th. \$7.00 includes lunch.

SUMMER VOLLEYBALL LEAGUE SIGN-UP

Don't forget to sign up for summer volleyball league at Aces. League starts in May and the last day to sign up is April 28th. Sign up sheets will be in the narthex.



372



1 O for a world where ev - ery - one re-spects each oth-er's ways,

2 O for a world where goods are shared and mis - er - y re-lieved,

3 We wel-come one world fam - i - ly and strug-gle with each choice

4 The poor are rich; the weak are strong; the fool-ish ones are wise.

5 O for a world pre - par - ing for God's glo-rious reign of peace,



where love is lived and all is done with jus-tice and with praise. where truth is spo-ken, chil-dren spared, e - qual - i - ty a-chieved. that o-pens us to u-ni-ty and gives our vi-sion voice. Tell all who mourn: out-casts be - long, who per-ish-es will rise. where time and tears will be no more, and all but love will cease.



O Lord, Our God, How Excellent 25

(Psalm 8)



1 O Lord, our God, how ex - cel - lent, how glo-rious is your name.

2 The heav-ens shout your hand - i - work; we stand be-neath in awe,

3 Yet you have made us less than gods, sur-pass-ing all but you,

4 In - to our hands you've placed all things: the earth, the sea; each place

5 O Lord, our God, how ex - cel - lent, how glo-rious is your name,





Your maj - es - ty sur-rounds the earth, and chil-dren sing your fame. to think the One who made all things should care for us at all. with heart and mind, with strength and will, to search for what is true. we're called to probe for se - cret gifts and ven-ture in - to space. ma - jes - tic in your ho - li - ness. We sing and praise your fame.



God, Be the Love to Search and Keep Me

543

O Christ, Surround Me



- 1 God, be the love to search and keep me; God, be the prayer to
- 2 Bind to my-self the Name of Ho ly, great cloud of wit ness-
- 3 Bright-ness of sun and glow of moon-light, flash-ing of light-ning,
- 4 Walk ing be-hind to hem my jour ney, go ing a head to
- 5 Christ in the eyes of all who see me, Christ in the ears that



move my voice; es en - fold; strength of wind, light my way, hear my voice, God, be the strength to now up - hold me: proph - ets, a - pos - tles, an - gels wit - ness: depth of the sea to soil of plan - et: and from be - neath, a - bove, and all ways: Christ in the hearts of all who know me:





465 What a Friend We Have in Jesus

죄짐맡은 우리구주



- 1 What a friend we have in Je sus, all our sins and griefs to bear!
- 2 Have we tri als and temp-ta-tions? Is there trou-ble an y-where?
- 3 Are we weak and heav-y lad-en, cum-bered with a load of care?





What a priv-i-lege to car - ry ev - ery-thing to God in prayer! We should nev-er be dis-cour-aged; take it to the Lord in prayer! Pre - cious Sav-ior, still our ref - uge; take it to the Lord in prayer!





O what peace we of - ten for - feit; O what need-less pain we bear, Can we find a friend so faith-ful who will all our sor-rows share? Do thy friends de-spise, for-sake thee? Take it to the Lord in prayer!





all be-cause we do not car - ry ev-ery-thing to God in prayer!

Je - sus knows our ev-ery weak-ness; take it to the Lord in prayer!

In his arms he'll take and shield thee; thou wilt find a so-lace there.

