

WAYS TO FIND OUT MORE ABOUT UNITED PRESBYTERIAN CHURCH



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HELPFUL TO KNOW

If you'd like to join us for Sunday worship service live, please go to our Facebook page or YouTube and connect with the following link:

<http://upc-superior.com/youtube>

Please feel free to place any questions you may have by replying in the comments section (YouTube), or contact the church office by phone or email and request to be added to our email list.

PRAYER REQUEST

The Pastor is always glad to share prayer requests during the Prayer Time during each worship service. You can share a prayer request online in the comments section (YouTube) or by contacting the church by email or phone with your request.

The Prayer Chain may be activated by calling
Jan Heckman at 715-392-1072 (jan_KB9LTA@yahoo.com) or
Dean Hecht at 715-398-6532.

Choirmaster & Handbell Director
Church Secretary
Custodian
**Director of Children,
Youth & Family Ministries**
Financial Secretary
Nursery Coordinator
Organist & Pianist
Pastor
Treasurer

Jane Wester
Tiffany Willie
Beth Lisak

Laura Foote
Jan Letsos
Iris Miller
Alexander Sandor
Rev. Brett M. Foote
Christy Willmore

Cover Art: Josiah Brady-Kopnick "Wishing For Warmth"

**A CONGREGATION OF THE
PRESBYTERIAN CHURCH (U.S.A)**



229 North 28th Street East

Superior, WI 54880

Office: 715-392-4751

Pastor: 717-247-4433

unitedpresbyterianchurch@gmail.com

www.facebook.com/UnitedPresbyterianChurch

Online Worship

Second Sunday in Lent

March 5th, 2023

10:00 AM

If you are joining us online, please light a candle to remind yourself of the presence of God.

* Please rise in body or spirit.

If the text is bolded, everyone is invited to say the words in unison.

PRELUDE Alex Sandor
WELCOME AND ANNOUNCEMENTS

CALL TO WORSHIP & THEME FOR LENT: I Refuse To Be Comforted Easily
(Verse 1 only)

PRAYER OF ADORATION & CONFESSION

One: Let us pray. God of new life, you call us into unknown places and unknown work. We praise you for that!

All: Many times when that call comes we bury our heads in the sand.

One: You promise us all the stars in the sky,

All: and we doubt it can be true.

One: You speak of new life in the Spirit,

All: and we tell ourselves we've missed our chance.

One: We pray that every thought we have would be a thought of you, every look would be in search of You, and every song we sing, in praise of You.

All: We know that is not always the case and for that we ask forgiveness.

One: Over and over and over again, You invite us closer to you,

All: Show us the way. Forgive our mistakes. Give us the courage to begin again with you. Amen.

ASSURANCE OF PARDON

One: Family of faith, hear and believe this good news: There is a grace to God's love that is bigger than we can imagine. No matter what we did or didn't do yesterday, we have been forgiven. Today, the slate is wiped clean and our sin has been covered by sacrifice. Today, we are made new. Join me in saying:

All: We belong to God. We are held in God's love. We are made new. We are all forgiven. Amen.

***PASSING THE PEACE**

You are invited to bless those around you with the words, "**The peace of Christ be with you.**" In response you may say "**And also with you!**" (You may pass the peace in the comments section.)

RESPONSE Great God of Every Blessing #694

SCRIPTURE READINGS Janice Letsos
Old Testament Reading Isaiah 59:14-16

CHANCEL CHOIR ANTHEM Lenten Meditation
Children are invited to gather in the narthex for Children's Church.

SERMON "Loving our neighbor through wholistic relief,
development, and advocacy." Dr. David Bronkema
New Testament Reading Luke 4:16-21

***CONFESSION OF BELHAR (Abridged by Pastor Brett)**

We believe in the triune God, Father, Son and Holy Spirit, who gathers, protects and cares for the church through Word and Spirit. This, God has done since the beginning of the world and will do to the end. We believe in one holy, universal Christian church, the communion of saints called from the entire human family. We believe that Christ's work of reconciliation is made manifest in the church as the community of believers who have been reconciled with God and with one another. This unity between people and God must become visible so that the world may believe that separation, enmity and hatred between people and groups is sin which Christ has already conquered, and accordingly that anything which threatens this unity may have no place in the church and must be resisted; We believe that God has entrusted the church with the message of reconciliation in and through Jesus Christ; that the church is called to be the salt of the earth and the light of the world, that the church is called blessed because it is a peacemaker. Jesus is Lord. To the one and only God, Father, Son and Holy Spirit, be the honor and the glory for ever and ever. Amen.

***HYMN** Come! Live in the Light! #749

**MOMENT FOR STEWARDSHIP & MISSION
OFFERING**

OFFERTORY Alex Sandor
***RESPONSE** For the Life That You Have Given #717

For the life that you have given,
For the love in Christ made known
With these fruits of time and labor,
With these gifts that are your own:
Here we offer, Lord, our praises;
Heart and mind and strength we bring;
Give us grace to love and serve you,
Living what we pray and sing.

PRAYER OVER OFFERING

One: Let us bless these gifts.

All: God of the oppressed, help us to serve with our neighbors for the betterment of our community. May we be good stewards of your gifts and may we be loving neighbors. May all those who have been pushed aside find in us good friends and companions on the journey. As we give of our time, talents, or treasures, may we reflect Christ to others. Help us to be people of healing in our community. Help us to connect with, serve, and care for our community so that Superior, Duluth and the rest of the Northland may know your endless and boundless grace. Amen.

SACRAMENT OF HOLY COMMUNION

Invitation to Holy Communion

COMMUNION HYMN Come to the Table of Grace (vs.1-3) #507

EUCCHARISTIC PRAYER

One: The Lord be with you.

All: And also with you.

One: Lift up your hearts.

All: We lift them up to God.

One: Let us give thanks to God most High.

All: It is right to give our thanks and praise.

One: Praise to you, O God for you are a door without a key, a field without a fence.

When we try to avoid and forget you, you meet us where we cannot fathom Your presence.

You appear in places, times, and people we least suspect.

You often make holy fools of us all and we thank you forever for that.

Today we are reminded that when we come to your table and this holy meal without a thing besides ourselves, we come with all we need.

We are reminded that your real presence knits us together with your body here in this place and all over the world.

You taught your disciples to pray by saying...

LORD'S PRAYER

All: Our Father who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our debts, as we forgive our debtors; and lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power and the glory, forever. Amen.

WORDS OF INSTITUTION

Sharing the Bread and Cup

You are invited to participate in this sacrament regardless of age, church affiliation, or location. We invite you to use what elements you have near you at home, preferably bread and grape juice. Please do not let having those specific items preclude you from participating in this sacrament. Please use what is available. At home we invite you to serve one another or yourself using the words "The Bread of Heaven" for the bread and "The Cup of Salvation" for the juice in whatever form they take after the pastor has spoken the words of institution. Here at the church we invite you to come forward in two lines, row by row, down the middle of the sanctuary to receive the elements. Return to your seat via the side aisles. Please raise your hand in your seat if you would like to receive the elements without leaving it. We will come around and offer them to you.

PRAYER OF THANKSGIVING

One: Let us give thanks.

All: With this bread of life and cup of salvation, O God, You have brought us into Christ's presence, united us with Him, and bound us to each other. Now send us out, empowered by Your Holy Spirit, that we may be Your light and love in the world. Amen.

Prayers to be Shared Please email or call the church with your prayer requests or share them in the comments section. (YouTube)

Silent Prayer

Pastoral Prayer

***CLOSING HYMN**

You Shall Go Out With Joy #80

***BENEDICTION**

***POSTLUDE**

Alex Sandor



THE LORD'S SUPPER is open to all Christians. Celebrating the Eucharist is not a right conferred upon the worthy, but a privilege given to the undeserving who come in curiosity, faith, repentance, and love. In preparing to be brought into the presence of Christ in this Sacrament, the person confesses sin and brokenness, seeks reconciliation with God and neighbor, and trusts in Jesus Christ for cleansing and renewal. Even one who doubts, or whose trust is wavering, comes to the Table to be assured of God's love and grace in Jesus Christ.

OLD TESTAMENT READING

Justice is turned back,
and righteousness stands at a distance;
for truth stumbles in the public square,
and uprightness cannot enter.
Truth is lacking,
and whoever turns from evil is despoiled.
The Lord saw it, and it displeased him
that there was no justice.
He saw that there was no one,
and was appalled that there was no one to intervene;
so his own arm brought him victory,
and his righteousness upheld him.

NEW TESTAMENT READING

Isaiah 59:14-16

Luke 4:16-21

When he came to Nazareth, where he had been brought up, he went to the synagogue on the sabbath day, as was his custom. He stood up to read, and the scroll of the prophet Isaiah was given to him. He unrolled the scroll and found the place where it was written:
'The Spirit of the Lord is upon me,
because he has anointed me
to bring good news to the poor.
He has sent me to proclaim release to the captives
and recovery of sight to the blind,
to let the oppressed go free,
to proclaim the year of the Lord's favour.'
And he rolled up the scroll, gave it back to the attendant, and sat down. The eyes of all in the synagogue were fixed on him. Then he began to say to them, 'Today this scripture has been fulfilled in your hearing.'

United Presbyterian Church Weekly Calendar

SUNDAY 3/5

8:45 AM Chancel Choir Rehearsal
10:00 AM Morning Worship
10:15 AM Children's Church
6 PM Volleyball
6 PM Boy Scouts

MONDAY 3/6

8 AM Building Reservation
4-8:30 PM Piano Lessons
4 PM Fellowship and Outreach

TUESDAY 3/7

3:45-7:30 PM Piano Lessons
4 PM Pickleball
4:30 PM Worship Committee
6 PM Book Club
7:15 PM Mission Trip Meeting

WEDNESDAY 3/8

12 PM Staff Meeting
2-6 PM CSA Pickup
4-4:45 PM Piano Lessons
6:15 PM Soup Supper
6:30 PM Lenten Worship

THURSDAY 3/9

9 AM Building Reservation
5 PM Bell Choir Rehearsal
6 PM Buildings and Grounds
7 PM AA Meeting

FRIDAY 3/10

5-7 PM Boy Scout Fish Fry

SATURDAY 3/11

Birthdays This Week

3/6 Robert Mertz
3/7 Don Jensen
3/9 JoAnn Rush
3/9 Keaton Perkins
3/9 Owen Schulz
3/11 Emma Buckley

DID YOU KNOW YOU CAN DONATE ONLINE?

At United Presbyterian Church, we offer many opportunities to give of yourself to glorify God. From signing up to volunteer to donating financially, if you'd like to support the mission and vision of the church you can do so at the following link:

<https://www.upc-superior.com/donate>

LOOKING AHEAD

March 12
March 19

Baby Shower—Kate and Nick Long
Community Dinner

ANNOUNCEMENTS

CURRENT COVID PROCEDURES

As of Friday, March 3rd, Douglas County is at a Low COVID-19 Community Level. At this level, the Session-approved guidelines recommend that our community members stay up to date on vaccinations, mask in spaces with older folks and other potentially immunocompromised individuals, and stay home when sick.

LITURGIST & COFFEE HOUR SIGN UP

There are two sign up sheets at the back of the Narthex, one to sign up to host our coffee hours following the service, and one where you can sign up to be a liturgist during our Sunday worship services. These are both great opportunities to get involved with the church!

LENTEN WORSHIP

Each Wednesday during Lent we will be gathering around tables in the fellowship hall at 6:15 to enjoy dinner and worship...at the same time! Join us for this creative, informal, discussion based, and delicious time of worship and fellowship. It is potluck style and the Wednesday Night Soup sign ups are in the narthex. On March 8 we will be hosting a "Grill out!" Don't miss it. Thank you to the many committees who are serving on the different nights.

FELLOWSHIP AND OUTREACH NEWS

Spud Day is back! Join us on **March 26th** after church for a yummy lunch of baked potatoes with all the fixings.

ADULT EDUCATION OPPORTUNITY:

Join us in April and May as we learn to plan AHEAD. The 7-session workshop, taught by Chelsea Thompson, covers the topics of end-of-life planning, including legal directives, estate planning, handling financial changes, and final wishes—more details to follow.

Join us for pickleball every **Tuesday from 4-6 PM** and volleyball every **Sunday from 6-7:30 PM**.

A big THANK YOU to Jane Wester for taking our church directory photos. If you marked down that you wanted your pictures sent to you, look for an email in the next couple of months.

YOUTH MENTAL HEALTH FIRST AID TRAINING

Youth Mental Health First Aid teaches you how to identify, understand and respond to signs of mental health and substance use challenges among adolescents ages 12-18. You'll build skills and confidence you need to reach out and provide initial support to young people who are struggling. You'll also learn how to help connect them to appropriate support. This training will take place on April 19 from 8a-4p here at UPC. Lunch and refreshments will be provided and spots are limited. To register go to: <https://go.wisc.edu/yk82kk>. If you need assistance with registering please connect with Laura after the service or call Tiff during open office hours.

BABY SHOWER FOR KATE AND NICK LONG

We will be having a United Baby Shower for Kate and Nick on March 12 immediately following the service. Come celebrate and bless these soon-to-be parents! They are registered with Target and Amazon. Reach out to Laura if you have any questions.

ANNOUNCEMENTS

INCLUSIVE CARE UNIT

We are currently accepting: **mittens, hats, scarves, hand warmers, coats, toiletry items (toothbrushes, toilet paper, bars of soap, etc.), and non-liquid, sealed food items.** Please bring donations in during office hours or on Sunday morning. *Thank you for your donations!*

NURSERY AVAILABILITY

Our nursery is staffed 15 minutes before the service begins for children who are newborn through 4 years old. Stop by the Nursery and meet Iris, our Nursery Coordinator and her volunteer assistants. Once checked in, your young ones can play in a safe environment during worship.

CHILDREN'S CHURCH

After the Passing the Peace portion of our service, children ages 5 through 5th grade are invited to Children's Church! This is a time designed specifically for our young ones to learn and grow in their faith. Children's Church takes place in the Youth room, which is next to the Nursery.

SECOND SUNDAY BIBLE STUDY

There will be no Second Sunday Bible Study gathering in March. Please come celebrate with the whole church at Kate and Nick's Baby Shower!

WELCOME DR. DAVID BRONKEMA

We welcome to worship this morning, Dr. David Bronkema all the way from Lancaster, Pennsylvania. David grew up in Portugal and Italy in a missionary family, and after graduating from Swarthmore College in 1983, he spent the next five years in Honduras working with a Honduran Protestant community development organization and with peasant, labor, and human rights organizations in that country. In 1998, David joined the American Friends Service Committee (AFSC), coordinating their programs first in Central America and then also in the Andean Region. David's formal education includes an M.A. in International Relations and a Ph.D. in Sociocultural Anthropology from Yale University. His Ph.D. dissertation explored the history of Protestant missions to Latin America and their legacies. His most recent publications are a co-authored book called "Advocating for Justice: An Evangelical Vision for Transforming Systems and Structures" and a co-edited book called "On Knowing Humanity: Insights from Theology for Anthropology". David is currently a Professor in the College of Business and Leadership at Eastern University and holds the Eastern University Templeton Chair for Christian Service through Entrepreneurship. He is a primary faculty member in the PhD in Organizational Leadership program. He has served as the director of Eastern University's Master's of International Development and MBA in Economic Development programs, and most recently finished up a stint as Dean of Palmer Theological Seminary of Eastern University in 2021. David currently attends Wheatland Presbyterian Church in Lancaster. He is married to Robin, and they have three children: Emily, Jacob, and Josiah.

March 2023

Sun

Mon

Tue

Wed

Thu

Fri

Sat

			1 9:30 AM PW Meeting 12 PM Staff mtg (Zoom) 4-4:45 PM Piano Lessons 4 PM Deacons Meeting 6:15 PM Soup Supper & Lenten Worship	2 2 PM Building Reservation—Funeral 5 PM Bell Choir Rehearsal 7 PM AA Meeting	3 Leadership Retreat @ McCabe Center for Renewal	4 Leadership Retreat @ McCabe Center for Renewal 6 PM AA Speaker Meeting
5 8:45 AM Chancel Choir Rehearsal 10 AM Worship (YouTube & In Person) 10:15 AM Children's Church 6 PM Volleyball 6 PM Boy Scouts	6 8 AM Building Reservation 4 PM F&O Meeting 4-8:30 PM Piano Lessons	7 3:45-7 PM Piano Lessons 4 PM Pickleball 4:30 PM Worship Committee 7:15 PM Mission Trip Meeting	8 12 PM Staff mtg (Zoom) 2-6 PM CSA Pickup 4-4:45 PM Piano Lessons 6:15 PM Soup Supper & Lenten Worship	9 9 AM-3:30 PM Building Reservation 5 PM Bell Choir Rehearsal 6 PM B&G Meeting 7 PM AA Meeting	10 5-7 PM Boy Scout Fish Fry	11
12 8:45 AM Chancel Choir Rehearsal 10 AM Worship (YouTube & In Person) 10:15 AM Children's Church 11 AM Baby Shower—Kate & Nick Long 6 PM Volleyball 6 PM Boy Scouts	13 4-8:30 PM Piano Lessons 5 PM Finance Committee	14 3:45-7 PM Piano Lessons 4 PM Pickleball	15 12 PM Staff mtg (Zoom) 1 PM Caregiver Conversations 4-4:45 PM Piano Lessons 6:15 PM Soup Supper & Lenten Worship	16 5 PM Bell Choir Rehearsal 6:15 PM Session Meeting 7 PM AA Meeting	17 5-7 PM Boy Scout Fish Fry	18
19 8:45 AM Chancel Choir Rehearsal 10 AM Worship (YouTube & In Person) 4 PM Community Dinner 6 PM Volleyball	20 4-8:30 PM Piano Lessons	21 3:45-7 PM Piano Lessons 4 PM Pickleball	22 2 PM Staff mtg (Zoom) 2-6 PM CSA Pickup 4-4:45 PM Piano Lessons 6:15 PM Soup Supper & Lenten Worship	23 1 PM UPBeat Deadline 5 PM Bell Choir Rehearsal 7 PM AA Meeting	24 5-7 PM Boy Scout Fish Fry	25
26 Deadline for Easter Lily Orders 8:45 AM Chancel Choir Rehearsal 10 AM Worship (YouTube & In Person) 10:15 AM Children's Church 11 AM Mission Committee 11 AM Spud Day 11:30 AM Confirmation 6 PM Volleyball 6 PM Boy Scouts	27 4-8:30 PM Piano Lessons	28 3:45-7 PM Piano Lessons 4 PM Pickleball	29 12 PM Staff mtg (Zoom) 4-4:45 PM Piano Lessons 6:15 PM Soup Supper & Lenten Worship	30 5 PM Bell Choir Rehearsal 7 PM AA Meeting	31 UPBeat Mailing 5-7 PM Boy Scout Fish Fry	

77B I Refused to Be Comforted Easily

Unison Cm Fm Cm

1 In com-plete des-per-a-tion and in ut-ter frus-
 2 With my eyes shut in fright and with no hope in
 3 Will God al-ways re-ject me? Will he nev-er re-
 4 Then, at last, I re-mem-bered all the things I'd for-

Fm Cm A^bma7 G7sus G7

tra-tion, I called out and God lis-tened to me.
 sight, I was much too dis-tract-ed to speak;
 spect me? Has God's love for me failed ut-ter-ly?
 got-ten, all the won-ders you, Lord, had be-gun.

Fm/G Cm/G Fm/G

Both by day and by night, with hands raised and fists
 I i-ma-gined times past which I knew could-n't
 Has his grace been for-got-ten, has he grudged me com-
 And I saw how mis-for-tune had dis-tract-ed at-

Cm/G Fm/G C^{sus} Cm

tight, I ex-pressed and re-pea-ted my plea.
 last and my heart, will, and bo-dy grew weak.
 pas-sion, does his right hand not strength-en or free?
 ten-tion from your faith-ful-ness in all you've done.

Refrain Fm7 B^b7 E^bma7 A^bma7

1-3 I re-fused to be com-fort-ed eas-i-ly
 4 Now I'm sure that your way is a ho-ly way,

Fm G7 Cm

and the tears of dis-tress made me blind:
 for its pro-gress and path I can see;

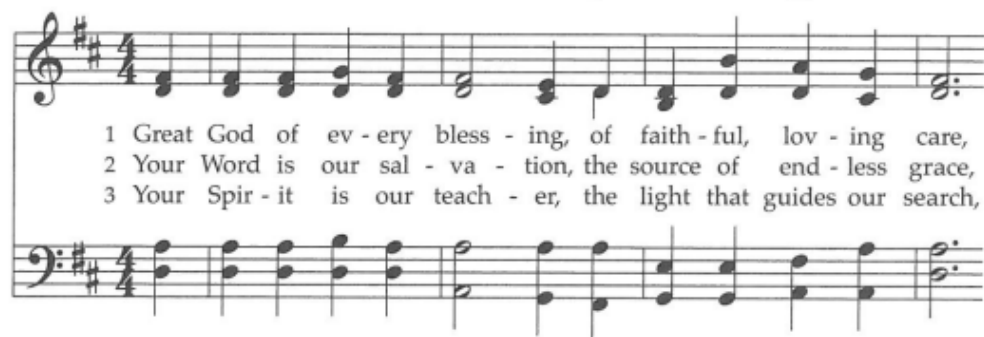
Fm7 B^b7 E^b7 A^bma7

I turned faint when my thoughts went too deep for me
 and I know that your faith-ful-ness in the past

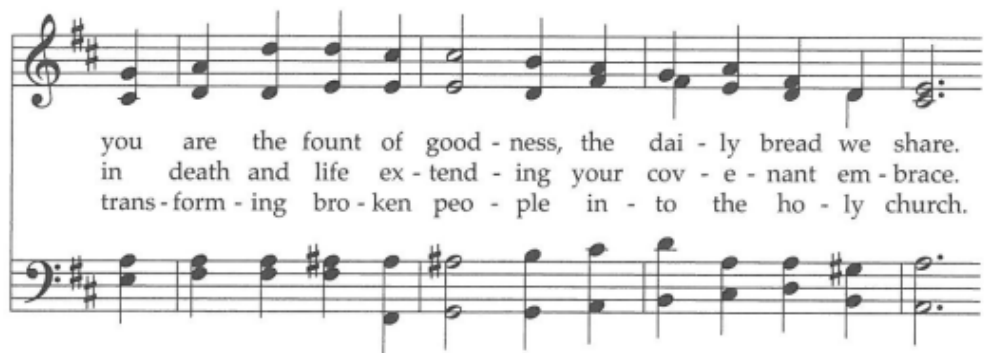
Fm Gm7 Cm

and I groaned when I called God to mind.
 will be real and I be pre-sent for me.

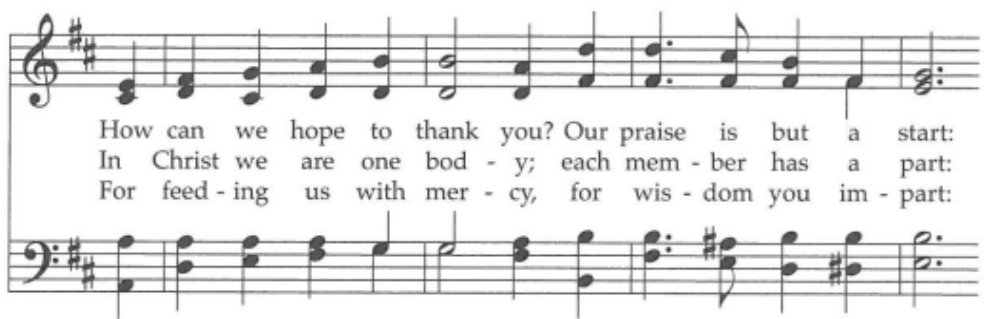
694 Great God of Every Blessing




1 Great God of ev - ery bless - ing, of faith - ful, lov - ing care,
 2 Your Word is our sal - va - tion, the source of end - less grace,
 3 Your Spir - it is our teach - er, the light that guides our search,



you are the fount of good - ness, the dai - ly bread we share.
 in death and life ex - tend - ing your cov - e - nant em - brace.
 trans - form - ing bro - ken peo - ple in - to the ho - ly church.



How can we hope to thank you? Our praise is but a start:
 In Christ we are one bod - y; each mem - ber has a part:
 For feed - ing us with mer - cy, for wis - dom you im - part:



sin - cere - ly and com - plete - ly I of - fer you my heart.

749 Come! Live in the Light!

We Are Called



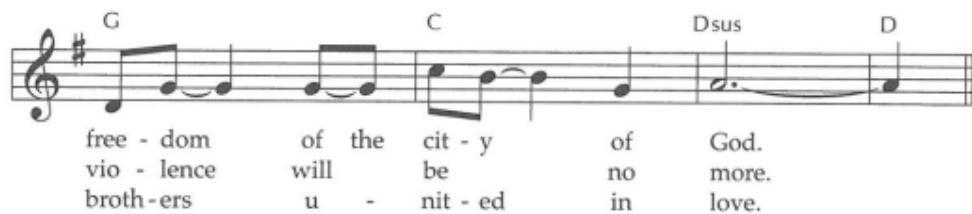
1 Come! Live in the light! Shine with the
 2 Come! O - pen your heart! Show your
 3 Sing! Sing a new song! Sing of that



joy and the love of the Lord! We are called
 mer - cy to all those in fear! We are called
 great day when all will be one! God will reign,



to be light for the king - dom, to live in the
 to be hope for the hope - less so ha - tred and
 and we'll walk with each oth - er as sis - ters and



free - dom of the cit - y of God.
 vio - lence will be no more.
 broth - ers u - nit - ed in love.

Refrain



We are called to act with jus - tice; we are called to



love ten - der - ly; we are called to serve one an -



oth - er, to walk hum - bly with God.

Come to the Table of Grace 507

Capo 3: (D) F (A) C (Bm) Dm (D7/A) F7/C (G) B^b

1 Come to the ta - ble of grace. Come to the

(A) C (D) F (A) C (D) F (Em) Gm

ta - ble of grace. This is God's ta - ble; it's

(D/A) F/A (G) B^b (D/A) F/C (A7) C7 (D) F (G) B^b (D) F

not yours or mine. Come to the ta - ble of grace.

- 2 Come to the table of peace...
- 3 Come to the table of love...
- 4 Come to the table of hope...
- 5 Come to the table of joy...

You Shall Go Out with Joy 80

The Trees of the Field

Em B7 Em B7 Em

You shall go out with joy and be led forth with peace;

G C G D

the moun-tains and the hills will break forth be -

B N.C. Em B7 Em

fore you; there'll be shouts of joy, and all the

B7 Em B7 Em B7 Em

trees of the field will clap, will clap their hands.

D7 N.C. G C G D

And all the trees of the field will clap their hands;

D7 G D7 G

the trees of the field will clap their hands;

C G D

the trees of the field will clap their hands

B7 Em B7 Em

while you go out with joy.

*Clap hands.