

### HELPFUL TO KNOW

If you'd like to join virtually, please connect with the following link:  
<http://upc-superior.com/youtube>  
(If you are here in person we offer hearing assistance devices-see technology desk.)

### NURSERY

Our nursery is open 15 minutes before the service begins for children who are newborn through 4 years old.

### CHILDREN'S CHURCH

After the Passing the Peace portion of our service, children ages 5 through 5th grade are invited to meet by the round table in the narthex for Children's Church.

### PRAYER REQUESTS

The Pastor is always glad to share prayer requests during the worship service. Share a request in the comments section. Additionally, the Prayer Chain may be activated by calling Dorothy Burriss 817-715-0968 (macb.dlb@sbcglobal.net) or Dean Hecht at 715-919-1325.

### RIDE SHARE

Need a ride? Please check the bulletin board by the fire extinguisher in the narthex.

**Choirmaster & Handbell Director**

**Church Secretary**

**Custodian**

**Director of Spiritual Formation**

**Financial Secretary**

**Nursery Coordinators** Annika Nikoi, Gretchen Schiek, & Melinda Yingling

**Organist & Pianist**

**Pastor**

**Treasurer**

Jane Wester

Reese Stariha

Diedrick Nikoi

Laura Foote

Cathy Hecht

Alexander Sandor

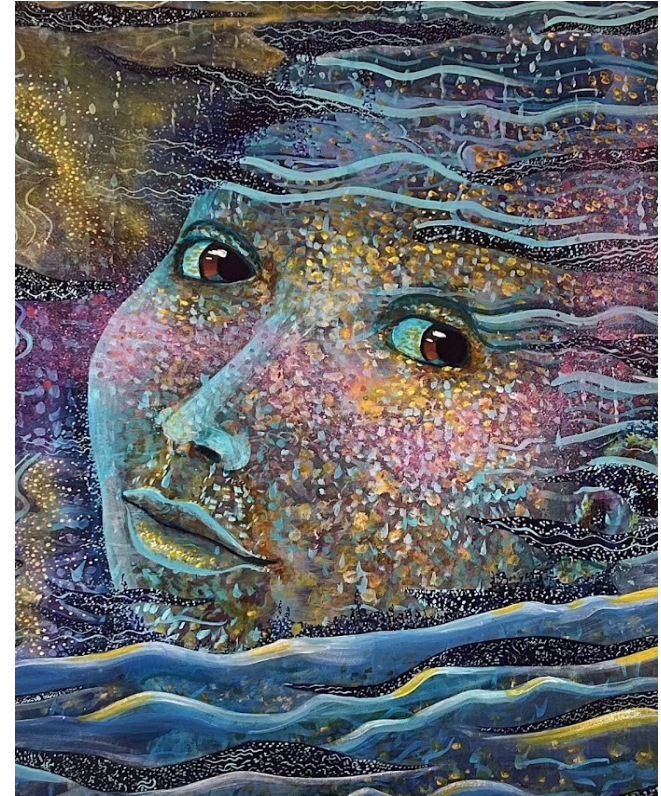
Rev. Brett M. Foote

Christy Willmore

**Cover Art:** Portion of a painting by Sharon Handy, a member of United Presbyterian Congregational Church in Ashland, WI.



A CONGREGATION OF THE  
PRESBYTERIAN CHURCH (U.S.A.)



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**Superior, WI 54880**

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### Online Worship

**Sixteenth Sunday in Ordinary Time**  
**July 20th, 2025 10:00 AM**

If you're joining us online, please light a candle to remind yourself of the presence of God.

\* Please rise in body or spirit.

**If the text is bolded, everyone is invited to say the words in unison.**

**PRELUDE** **Alex Sandor**

## **WELCOME & ANNOUNCEMENTS**

### **\*LET US GATHER AND WORSHIP**

One: Come to this place of prayer. Come, all who look for acceptance.

Come, sit, stand, sing all who are turning to God and seeking the courage to change.

**All: Let nothing separate us from the love of God, expressed in this Body of Christ we call "my church."**

One: Come, let us make room for holiness.

**All: Amen.**

**\*INTROIT** **Change My Heart, O God** **#695**

### **\*LET US PRAY FOR WHOLENESS**

One: Let us share our hearts before God:

**All: Holy One, I admit that I poison myself with anger, bitterness and regret.**

One: (Please hold silence together.) Let us share our hearts before one another:

**All: I confess that I sabotage myself with excuses, complaining and procrastination.**

One: (Please hold silence together.) Let us speak of repentance together:

**All: I am ready to look at the painful parts of myself. I am ready to seek the most difficult questions. I am ready to change. Amen.**

### **\*LET US REMIND ONE ANOTHER OF GOD'S GRACE**

One: Hear this reminder in the words of the Apostle Paul, "...you are the body of Christ and individually members of it."

**All: So we, who are many, are one body in Christ, and individually we are members one of another therefore it is our ministry to build up the body of Christ. And the building of the body passes on the grace and peace of Christ which we have received. Amen.**

### **\*LET US PASS THE PEACE OF CHRIST TO ONE ANOTHER**

You are invited to bless those around you with the words, **"The peace of Christ be with you."** In response you may say **"And also with you!"** (you may pass the peace in the comments section)

*Children are invited to gather by the round table in the narthex for Children's Church.*

**\*RESPONSE** **When I Am Frightened** **See Insert**

**SACRED READINGS** **Tom Vosburgh**

**Old Testament**  
**New Testament**

**Psalm 15**  
**Luke 10: 38-42**

**SERMON** **A Crowd in Muddy Waters** **Rev. Dr. Kathy Smith**

**\*HYMN** **Come, Ye Sinners, Poor and Needy** **#415**

### **MOMENT FOR STEWARDSHIP & MISSION**

**"Christmas in July" Mission Committee**

### **LET US MAKE OUR OFFERINGS**

Today our Offering will be done a little differently. All those who are able and willing are invited to approach an area of the sanctuary that holds an Offering Plate. There you may place your offering of finances or prayers for self and others. You may approach at any time during the Offertory and remain for as long as you wish. Please allow room for others to approach as well. Prayers may be written and left in the plates or simply prayed silently. You may wish to kneel or stand for a few moments while you pray. When all have returned to their seats we will share the Lord's Prayer together to close our time of Prayer and Offering.

**OFFERTORY** **Alex Sandor**

**\*RESPONSE** **Praise God from whom all blessings flow;** **#606**  
**Praise God all creatures, here below.**  
**Praise God above, ye heavenly host;**  
**Creator, Christ and Holy Ghost. Amen.**

### **WE END OUR TIME OF OFFERING AND INDIVIDUAL PRAYERS WITH THE LORD'S PRAYER**

**(Here's our suggested version but feel free to pray the version you are most familiar with.)**

One: Let us pray the prayer Jesus taught his disciples to pray.

**All: Our Father who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our debts, as we forgive our debtors; and lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power and the glory, forever. Amen.**

**\*HYMN** **You Shall Go Out with Joy** **#80**

### **\*BENEDICTION**

**\*POSTLUDE** **Alex Sandor**

## ***When I Am Frightened***

When I am frightened, will you reassure me?  
When I'm uncertain, will you hold my hand?  
Will you be strong for me? sing to me quietly?  
Will you share some of your stories with me?  
If you will show me compassion,  
then I may learn to care as you do, then I may learn to care.

When I am angry, will you still embrace me?  
When I am thoughtless, will you understand?  
Will you believe in me, stand by me willingly?  
Will you share some of your questions with me?  
If you will show me acceptance,  
then I may learn to give as you do, then I may learn to give.

When I am troubled, will you listen to me?  
When I lonely, will you be my friend?  
Will you be there for me, comfort me tenderly?  
Will you share some of your feelings with me?  
If you will show me commitment,  
then I may learn to love as you do, then I may learn to love.

## **SACRED READINGS**

### **OLD TESTAMENT**

### **Psalm 15**

**15:1** O Lord, who may abide in your tent? Who may dwell on your holy hill? **2** Those who walk blamelessly and do what is right and speak the truth from their heart; **3** who do not slander with their tongue and do no evil to their friends nor heap shame upon their neighbors; **4** in whose eyes the wicked are despised but who honor those who fear the Lord; who stand by their oath even to their hurt; **5** who do not lend money at interest and do not take a bribe against the innocent. Those who do these things shall never be moved.

### **NEW TESTAMENT**

### **Luke 10: 38-42**

**10:38** Now as they went on their way, he entered a certain village where a woman named Martha welcomed him. **39** She had a sister named Mary, who sat at Jesus's feet and listened to what he was saying. **40** But Martha was distracted by her many tasks, so she came to him and asked, "Lord, do you not care that my sister has left me to do all the work by myself? Tell her, then, to help me." **41** But the Lord answered her, "Martha, Martha, you are worried and distracted by many things, **42** but few things are needed—indeed only one. Mary has chosen the better part, which will not be taken away from her."

### **DID YOU KNOW YOU CAN DONATE ONLINE?**

At United Presbyterian Church, we offer many opportunities to give of yourself to glorify God. From signing up to volunteer to donating financially, if you'd like to support the mission and vision of the church you can do so at the following link:

<https://www.upc-superior.com/donate>

# Change My Heart, O God 695

Cámbiame, Señor 항상진실케

Refrain / Estribillo / 후렴

Change my heart, O God; make it ev - er true.  
 Cám - bia - me, Se - ñor, con tu gran po - der.  
 항 상 진 실 케 내 맘 바 꾸 사

Change my heart, O God; may I be like you.  
 Haz - me co - mo tú, tu yo quie - ro ser.  
 주 님 의 모 습 님 게 하 소 서

You are the Pot - ter; I am the clay.  
 Tú el al - fa - re - ro, yo el ba - rro soy.  
 주 는 토 기 장 이 나 는 진 흙

Mold me and make me; this is what I pray.  
 Só - lo a tu i - ma - gen, quie - ro siem - pre ser.  
 날 빛 으 소 서 기 도 하 오 니

to Refrain / al Estribillo / 후렴

# You Shall Go Out with Joy 80

The Trees of the Field

You shall go out with joy and be led forth with peace;  
 the moun-tains and the hills will break forth be -  
 fore you; there'll be shouts of joy, and all the  
 trees of the field will clap, will clap their hands.  
 And all the trees of the field will clap their hands;  
 the trees of the field will clap their hands;  
 the trees of the field will clap their hands  
 while you go out with joy.

\*Clap hands.



# 415 Come, Ye Sinners, Poor and Needy

*All or Leader*

1 Come, ye sin - ners, poor and need - y, weak and wound-ed,  
2 Come, ye thirst-y, come, and wel - come; God's free boun - ty  
3 Come, ye wea - ry, heav - y lad - en, lost and ru - ined  
4 Let not con - science make you lin - ger, nor of fit - ness

sick and sore; Je - sus read - y stands to save you,  
glo - ri - fy, true be - lief and true re - pen - tance,  
by the fall; if you tar - ry till you're bet - ter,  
fond - ly dream; all the fit - ness he re - quir - eth

*Refrain*  
*All*

full of pit - y, love, and power.  
ev - ery grace that brings you nigh. I will a - rise and  
you will nev - er come at all.  
is to feel your need of him.

go to Je - sus; he will em-brace me in his arms. In the

arms of my dear Sav - ior, O there are ten thou-sand charms.



## JOIN THE DRAGON BOAT RACES!

**AUGUST 22-23 | BARKER'S ISLAND**

The UPC Burnin' Beets Athletics team is paddling for victory—and we want YOU in the boat!



### PADDLERS NEEDED!

We need 22 paddlers (at least 10 women) +1 drummer

Requirements:

- Age 14
- Physically fit (able to paddle intensely for 10 minutes)
- Mandatory practice: **Wed, August 20 @ 6 PM**  
(Can't make it? Let Kate know—alternates may be arranged)



### TEAM TENT & POTLUCK

We're teaming up with UWS Vets & Non-Traditional Students for Food, games, and fun all day

- Potluck sign-up: Back of the narthex
- Everyone welcome—paddlers & supporters!
- Donations appreciated (for meat & supplies)



### TEAM SHIRTS

"Burnin' Beets Athletics" shirts: \$17

Order by Sunday, July 27

Contact Kate or the church office



### QUESTIONS OR READY TO SIGN UP?

Contact Kate Long Call/Text: 715-392-2066

### WAYS TO SERVE

There are plenty of ways to get involved here at United!

*\*Sign-up sheets are in the narthex.*

- Coffee Hour\*—Make coffee and bring treats for everyone.
- Liturgist\*—Being a liturgist is a great opportunity to get involved by leading the church in our scripture readings, and our call to worship.
- Crafters Group—Every Wednesday at 10:00 AM in the crafting room inside the Fellowship Hall. Contact the office to learn more.
- Community Dinner—Volunteer for our Community Dinner the third Sunday in October, February, June and August. To learn more, contact the office or Dawn Long at 218-590-9376.
- Twin Ports Welcome Corp—Join the TPWC and help sponsor a refugee. Questions? Contact Eric Schlacks 218-269-6678.
- Community Garden\*—Help plan and carry out the UPC Community Garden project, which provides vegetables for UPC Community Dinners and Great Lakes Elementary students. Questions? Contact Deborah Schlacks at desertswan@aol.com.
- Nursery—Come spend time with our babies and toddlers in the nursery during the Sunday service! You will serve with a Nursery Coordinator once or twice a month (your choice). Contact Laura at lmfoote.upc@gmail.com to learn more or sign-up. *A background check is required.*
- Children's Church—Come support our young ones as they grow in their faith during Children's Church! This takes place during the Sunday service. You can volunteer once or twice a month (your choice). Contact Laura at lmfoote.upc@gmail.com to learn more or sign-up. *A background check is required.*
- Technology/AV Desk—Volunteer to run the AV on a rotating, weekly or monthly basis. Training will be provided! Questions? Contact Mac Burriss 304-890-2375.

### WAYS TO LEARN, GROW, & GET INVOLVED

- Pickleball—Every Tuesday & Thursday at 10:00 AM.
- Men's Breakfast—First Saturday of every month at 9:00 AM. Contact Tom Lisak (218-348-5390) with any questions.
- Presbyterian Women—Meetings are the first Wednesday of every month (except January, February, and July) at 9:30 AM. December and June meetings are lunches at 12:30 PM. To learn more, contact Bonnie Wallin at 715-392-7029.

### WEEKLY CALENDAR

#### SUNDAY 7/20

Pastor Out of Office  
6:40 PM Volleyball at Ace's

#### MONDAY 7/21

Pastor Out of Office  
2:00 PM Piano Lessons

#### TUESDAY 7/22

Pastor Out of Office  
10:00 AM Pickleball  
1:00 PM AA Meeting

#### WEDNESDAY 7/23

Pastor Out of Office  
10:00 AM Crafters Group  
2:00 PM CSA Pick-up

#### THURSDAY 7/24

Pastor Out of Office  
10:00 AM Pickleball

#### FRIDAY 7/25

Pastor Out of Office

#### SATURDAY 7/26

Pastor Out of Office

#### Birthdays This Week

7/21—Nathaniel Fuller  
7/22—Ashton Cairns  
7/24—Kayla Carlson  
7/24—Mary Jo Card

### ANNOUNCEMENTS

#### UPC VOLLEYBALL

UPC went 4-2 last Sunday! Tonight's games are at 6:40 and 7:30 PM at Ace's located at 2827 Oakes Ave, Superior, WI.

#### CONTINUING EDUCATION

Pastor Brett will be away participating in some continuing education from July 14-28. If there happens to be a Pastoral emergency while he's away please contact Dean Hecht of the Deacons 715-919-1325.