



229 N. 28TH ST. EAST, SUPERIOR, WI 54880

WWW.UPC-SUPERIOR.COM

## UPBEAT

### JANUARY 2026

#### CONTACT INFORMATION

Office phone: 715-392-4751

office@upc-superior.com

facebook.com/unitedpresbyterianchurch

Rev. Brett Foote phone 717-247-4433

Worship: Sundays at 10 a.m.

#### DO WE HAVE YOUR CURRENT INFORMATION?

Has your contact info changed? call the church office at: 715-392-4751 or office@upc-superior.com



A CONGREGATION OF THE  
PRESBYTERIAN CHURCH (U.S.A.)

# SPIRITUAL FORMATION: FOR AGES & STAGES COMMITTEE

Laura Foote, Director of Spiritual Formation, [laura.foote@upc-superior.com](mailto:laura.foote@upc-superior.com)

United,

Our Christmas Program was a lively and joyful way to close out the year. I'm thankful for everyone who was a part of it. Thank you to Acacia for coming to Children's Church for weeks to teach the children the songs and signs. Thank you to Cliff for coming in and helping to put together an intentional and lovely manger scene. Like with our program, there are many roles, spots and parts to fulfill—we need each other.

Starting January 19th there will be a group that meets weekly at Cathy and Dean's home to watch season two of *The Chosen*. Their home is an accessible and animal-free environment. There will be a time of debriefing after each episode. Come to connect with others or if you are curious about a film adaptation of the life of Jesus. Check out the image below that has more information and let me know if you plan to attend.

Culturally, we use the new year as a time to set new goals and make big changes. I'd like to invite and encourage you to listen to yourself and your body in this new year—maybe you want to set a new goal, but if you'd rather hibernate and let yourself take more time to rest—by all means do it. The trees don't hold green leaves all year round and we don't have to either. We can allow ourselves to ebb and flow with the seasons. Rather than a "New Year, New You"—it can be a new year with a rested and well-cared for you. So, if this is the permission you need to go easier on yourself—consider it granted.

In Peace,  
Laura



Our next Spiritual Formation committee meeting will be on Sunday, January 11th at 8:45a in the Youth Room.

## JANUARY MEETINGS

### MEN'S BREAKFAST

Saturday, January 3rd at 9:00 AM

### SF VOLUNTEER

Sunday, January 4th at 11:15 AM

### FELLOWSHIP & OUTREACH

Monday, January 5th at 3:30 PM

### WORSHIP COMMITTEE

Monday, January 5th at 5:00 PM

### DEACONS

Wednesday, January 7th at 4:30 PM

### BUILDING & GROUNDS

Thursday, January 8th At 5:00 PM

### SF COMMITTEE

Sunday, January 11th at 8:45 AM

### FINANCE COMMITTEE

Monday, January 12th at 5:00 PM

### PERSONNEL COMMITTEE

Wednesday, January 14th at 6:15 PM

### ANNUAL

Sunday, January 18th at 12:00 PM

### MISSION COMMITTEE

Monday, January 19th at 6:01 PM

### SESSION

Wednesday, January 21st at 5:15 PM

### AA MEETING

Every Tuesday at 1:00 PM

### STAFF

Wednesday, January 7th & 21st at 12:00 PM

## JANUARY BIRTHDAYS

Sara Maas	1/1
Elizabeth Schlacks Lafrate	1/1
Emily Lanigan	1/3
Dominic Okash	1/3
Barb Granquist	1/7
Monica Lenihan	1/7
Deborah Schlacks	1/8
Bob McClellan	1/10
Kirsten Standen	1/10
Jack Finstad	1/13
Elda Hanson	1/14
Joan Johnson	1/14
Ailey Rude	1/15
LaShawn Rush	1/17
Thor Johnson	1/19
Holden Willmore	1/19
Claire Matthias	1/20
Richard Johnson	1/21
Joey Schulz	1/21
Laurie Ostrowski	1/24
Dale VanErt	1/25
Tim Anderson	1/27
Gianna Johnson	1/27
Lyn Larson	1/27
Courtney Cairns	1/29
Bev Vosburgh	1/29
Hunter Willmore	1/29
Cole Defoe	1/31

A note from the office, please be diligent in getting the information or articles for the UP-Beat to the office by the deadline.

UPBEAT FOR FEBRUARY 2026

ISSUE DEADLINE: Monday, January 26th

## 2026 UPC COMMUNITY GARDEN THANKS AND UPDATES

Thanks to all those who contributed to the Seedmoney.org campaign to fund the 2026 UPC Community Garden. We raised \$1200 and will receive a \$200 grant on top of that! We greatly appreciate your support of this project, which aims to address food insecurity in our community. Come March, watch for announcements about signing up to be a gardener (or to volunteer in other ways) in the 2026 garden. Questions? Contact Deborah at [desertswan@aol.com](mailto:desertswan@aol.com) or at 218-348-6032.

## OFFERING ENVELOPES

You 2026 offering envelopes are available in the narthex. If you need a box of envelopes, please see Cathy Hecht. Per capita envelope is the first one in your box. This year's rate is \$40.00 per member. That apportionment is divided among The General Assembly, The Synod, and our Presbytery to support the Ministry of the Presbyterian Church at large.

Thank you,  
Cathy Hecht—Financial Secretary

## PRESBYTERIAN WOMEN

The Presbyterian Women do not meet in January and February. The next gathering of the Presbyterian Women will be March 4, 2026 at 9:30 at the church. Hostesses will be Judy Evenstad and Bonnie Wallin. All women are cordially invited to attend.

The Presbyterian Women are having a kitchen cleaning day on Wednesday, January 7th starting at 9:30. Anyone who would like to help is welcome.

## CRAFTERS GROUP

The Crafters Group will meet every Wednesday in the Library at 10 AM. Please feel free to come join us with whatever craft project you would like to work on. We will not be doing organized activities, just working on our own crafts and enjoying each other's company. Join us for as long as you would like, whether that be 15 minutes, an hour, or more! Direct any questions to Londa Hatch, at 651-338-4030. If you prefer to work with yarn instead of fabric, the crafting group welcomes you too! We even have a plethora of donated skeins waiting for you to work some magic with!

## MISSION

### DONATION NEWS

The UWS food closet is in desperate need of the following items listed below. These are the items currently out of stock on their shelf due to "popularity". These are the only items we are asking for right now,

- 1 Pound bags of rice
- Pasta
- Ramen packets
- Single serving packets of tuna or chicken

Please drop off in the appropriate bins at the DONANTION STATION in the narthex.

Questions? Contact Dawn Long at 218-590-9376.

Thank you  
Mission Committee

The next community dinner will be held Sunday, February, 15th at 4:00 PM.

## WORSHIP

<http://upc-superior.com/youtube>

### WATCH WORSHIP ONLINE:

#### JANUARY

1/4—Vacant  
1/11—Deborah Schlacks  
1/18—Kirsten Standen  
1/25—Vacant

#### FEBRUARY

2/1—Vacant  
2/8—Vacant  
2/15—Sue Olson  
2/22—Vacant

### ***If you would like to fill any vacancies...***

The sign up sheets are available at the back of the narthex. Dates through March of 2026 are posted. You may also call or email the office to sign up for a vacant date if you would like.

## MINISTRY OF THE DEACONS

### ***In Our Thoughts and Prayers . . .***

#### **NEW PERSPECTIVES, Superior, WI**

Ken Aker  
Fran Brice  
Gloria Neuman  
Ron & Bev Underdale  
Susan Litehiser

#### **RACINE, WI**

Dorothy Granfors

## FELLOWSHIP AND OUTREACH

- Pickleball every Tuesday and Thursday 10:00 AM in the fellowship hall.
- Volleyball at UPC every Sunday at 6:00 PM.
- January 1st, there will be a New Year's Day party at the Lisak's home located at 4519 East Pleasant View Rd, Superior, WI. There will be sliding, ice fishing, ice skating, a bonfire, indoor games, food, and more! The party will start at 12:00 PM. Bring a dish to share and an item for the dice game. Contact Beth Lisak at 715-817-4861 with any questions.
- Birthday potluck is on January 18 following the service. Everyone is welcome to attend and celebrate together. Be on the look out for sign-up sheets in the narthex.
- Skating at Red Barn in Superior, WI is January 24, at 1:00 PM. Everyone is welcome to join in on the fun!

# THE UPBEAT JANUARY 2026

From the Pastor

United,

December is done and dusted with quite a bit of snow, incredible ministry, and some amazing memories together at United Presbyterian. Y'all really showed up this Advent and Christmas season. So many families were overwhelmed (in a good way!) with the generosity you all showed through our Christmas Basket ministry! A huge shoutout to our Mission committee who orchestrated another successful year. In addition, we fed the Branham family as they welcomed their new baby, Waylon Branham! Congratulations! We made sure families who didn't have food received frozen meals, we helped with missed payments, looked to partner with other faith communities and the other churches in Superior to make sure every single week there is a free hot meal being provided, and got critical resources to several other families in the congregation.

In addition to the families supported, in worship we baptized Gunther Thomas Long, put on a spectacular intergenerational Christmas pageant, we had two full, vibrant, and different Christmas Eve services, and a special Pyjama/Brunch worship for the last Sunday of the year. Even in our worship over this season we supported english learners who are in refugee camps currently. It was so good seeing so many familiar and new faces this month in worship together.

January has a lot in store for us. We have Epiphany Sunday on January 4 where we will distribute star words, our annual baptism remembrance Sunday on January 11, our annual meeting and our birthday celebration on January 18, and a short return to ordinary time before Lent returns in February. Also in February, several of us will make our way to North Carolina for a service trip with the Presbytery. Church will be full and lively. I'm looking forward to electing and ordaining new elders and deacons and celebrating what we've done in this last year.

Probably the most notable news for January is that the screens are going up in the Sanctuary! You may have noticed the small holes that have been core drilled in the sanctuary wall for this project. Over the next few months we will get them up and running to enhance our worship experience. A huge thanks to our Worship & Technology committee for overseeing this project, the generous donors who have made it happen and to the Presbytery of Northern Waters for providing us with a grant. Y'all this project was years in the making, screens have been talked about long before I was here. It's happening. While this will be a significant change and a milestone in the life of United, it will also help us to continue to be good stewards of our resources allowing us to save significantly over the year in several areas while enhancing our worship.

My prayer for us as a church as we go into the new year is that each of us would feel led just as the magi felt led by God through the stars in the sky. Remember, God is with you, through all of life's ups, downs, twists, and turns.

Grace & Peace,  
Pastor Brett