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# UPBEAT SEPTEMBER 2024

## CONTACT INFORMATION

office phone: 715-392-4751

[unitedpresbyterianchurch@gmail.com](mailto:unitedpresbyterianchurch@gmail.com)

[facebook.com/unitedpresbyterianchurch](https://facebook.com/unitedpresbyterianchurch)

Reverend Brett Foote phone 717-247-4433

Worship: Sundays at 10 a.m.

## DO WE HAVE YOUR CURRENT INFORMATION?

Has your contact info changed? call the church office at: 715-392-4751 or [unitedpresbyterianchurch@gmail.com](mailto:unitedpresbyterianchurch@gmail.com)



A CONGREGATION OF THE  
PRESBYTERIAN CHURCH (U.S.A)

## SPIRITUAL FORMATION: FOR AGES & STAGES COMMITTEE

Laura Foote, Director of Spiritual Formation, [lmfoote.upc@gmail.com](mailto:lmfoote.upc@gmail.com)

Hello Church!

We are dancing into autumn and I hope you're ready! If you haven't marked your calendars, now is the time to!

During the service on September 8th we will be having a Back-to-School Blessing! If you are a student, teacher or work in a school, come on out so we can bless you! Bonus: you will also receive an awesome sticker. On another note, we will be having a 2024-2025 Confirmation class! After the service on September 15th there will be an informational meeting in the Youth room.

On October 4th and 5th we will be having a Family Fall Retreat at Camp Amnicon. This is a time for us to connect with God and each other. We will eat together, sing worship, get crafty, and you'll have the chance to go canoeing and hiking (weather permitting). This retreat is for ALL AGES and ALL FAMILIES. The cost is \$20 per person (lodging and meals included) and you must register beforehand. Space is limited!

We are doing Spiritual Formation Small Groups again this fall! We will be journeying through the book John for Normal People: A Guide through the Depth & Drama of the Fourth Gospel by Jennifer Garcia Bashaw. More information on how to sign-up will be shared soon!

Lastly, the start of a new school year can bring about a refreshing energy (even if you aren't returning to school). Perhaps you are content with your level of involvement here at United, or perhaps you are praying and wondering about ways to get involved. If you are the latter, let me offer you a few opportunities with Spiritual Formation: volunteer once a month in the Nursery or with Children's Church, become a reading volunteer through our partnership with Great Lakes Elementary, become a mentor for a student who is a part of Confirmation, or consider joining the Spiritual Formation Committee. There are many ways to be intertwined in the life of UPC, let God guide you and know, we can't be the Church without each other. So, thank you. Thank you for sharing your gifts, creativity and love. Thanks for being you.

With a heart overflowing with gratitude,  
Laura



## SEPTEMBER MEETINGS

### FELLOWSHIP & OUTREACH MEETING

Monday, September 2nd at 2:00 PM

### WORSHIP COMMITTEE MEETING

Tuesday, September 3rd at 4:30 PM

### PRESBYTERIAN WOMEN

Wednesday, September 4th at 9:30 AM

### BOARD OF DEACONS MEETING

Wednesday, September 4th at 4:00 PM

### SPIRITUAL FORMATION COMMITTEE

Sunday, September 8th at 8:30 AM

### FINANCE COMMITTEE MEETING

Monday, September 9th at 5:00 PM

### PERSONNEL COMMITTEE MEETING

Wednesday, September 11th at 6:15 PM

### BUILDINGS & GROUNDS

Thursday, September 12th at 6:00 PM

### CONFIRMATION MEETING

Sunday, September 15th at 11:00 AM

### SF LEADERS MEETING

Wednesday, September 18th at 6:00 PM

### SESSION MEETING

Thursday, September 19th at 6:15 PM

### MISSION COMMITTEE MEETING

Thursday, September 26th at 4:30 PM

### CAREGIVER'S WORKSHOP—

Wednesday, September 18th at 1:00 PM

If you have questions, call Luann Tiege at 715-394-3611.

**STAFF MEETING—** Every other Wednesday 12:00 PM (Zoom)

**AA MEETING—** Every Tuesday 1:00 PM

## SEPTEMBER BIRTHDAYS

Laura Schlacks	9/3
Jade Palmer	9/4
Erick Anderson	9/6
Diane Schmitt	9/6
Trevor Dahl	9/9
Willem McClellan	9/11
Darrel Granquist	9/13
Jan Parish	9/14
Marcy Lee Price	9/16
Trent Sikorski	9/16
Mac Burriss	9/17
Alicia Willoughby	9/19
Patricia Johnson	9/20
Paul Waite	9/21
Jake Anderson	9/22
Adrien Ellerby	9/23
James McCumber	9/23
Ronald Hicks	9/26
Nick Cairns	9/27
Maryjane Burdge	9/27
Chuck LeMieux	9/29
Rev. Brett Foote	9/29
Laura Foote	9/30
Howard "Butch" Gronquist	9/30

## CRAFTERS GROUP

The Crafters Group will meet every Wednesday in the Library at 10 AM. Please feel free to come join us with whatever craft project you would like to work on. We will not be doing organized activities, just working on our own crafts and enjoying each other's company. Join us for as long as you would like, whether that be 15 minutes, an hour, or more! Direct any questions to Londa Hatch, at 651-338-4030.

## FELLOWSHIP AND OUTREACH

-Pickleball every Tuesday and Thursday 10:00 AM

- Munch Bunch Thursday, September 5th at Pedro's Grill & Cantina 5:30 PM

- Hike Jay Cooke Sunday, September 22nd at Jay Cooke State Park 1:00 PM

## MISSION



### COMMUNITY DINNER

Will resume in October.

There will be no Community Dinner in September. We look forward to seeing you in October.

### RUTH HOUSE WISHLIST

Coffee  
Sugar  
Creamers

JoAnn Rush (218-391-5304) is willing to collect donations from church and deliver them to Ruth House.

**THANK YOU!**

### SALVATION ARMY WISHLIST

Paper towels  
Toilet paper

### CASDA

Tooth paste  
Tooth brushes

### SUPERIOR COMMUNITY HEALTH FREE STORE

Canned goods

### DONATION NEWS

During the months of September and October we will be doing a donation drive for Women's feminine hygiene items. These will be divided between those locations that serve women in the Duluth/ Superior area. A labeled box will be located in our donation area and will include a list of requested items. If you have any questions please call JoAnn Rush - 218- 391-5304.

Thanks to everyone for your continued support.  
-Mission Committee

## PRESBYTERIAN WOMEN

### HARVEST HOME ROAST BEEF DINNER

October 2, 2024 from 4-6 PM save the date and try to rearrange your schedule to be able to come and eat and to help on preparation days and the actual dinner day. There will be specific sign-up sheets for places where we need YOUR help. Examples: wait staff, potato peelers, pan lifters, greeters, ticket sales, gravy maker, meat slicers, potato mashers, rutabaga slicers, peelers, and mashers, dessert makers and take out staff. This is a wonderful way to offer a great meal to the community, have fellowship around a big church event and raise money. Watch for your tickets to arrive in the mail or contact Jan Letsos for additional tickets. UPC can make this happen when we all work together. THANK YOU in advance.

### HARVEST CELEBRATION COFFEE HOUR COMING

**SOON!**

The coffee hour after the service on Sunday, September 8, will be a time to celebrate a great UPC Community Garden season as it comes to a close. Join us for garden-themed treats!

### PDA SCHOOL KIT SUPPLIES

Thank you for your donations! We are still in need of sharpeners and notebooks.

## MINISTRY OF THE DEACONS

### *In Our Thoughts and Prayers . .*

#### **NEW PERSPECTIVES, Superior, WI**

Ken & Marianne Aker  
Fran Brice  
Gloria Neuman  
Ron & Bev Underdale  
Susan Litehiser

#### **SUPERIOR REHAB, Superior, WI**

Ken Uvila

#### **RACINE, WI**

Dorothy Granfors

#### **IN THE MILITARY**

Christopher Voss

#### **VILLA MARINA, Superior, WI**

Janice Parish

#### **NEW YORK**

The Okash Family—Prayer given by  
The Lisak Family

## WORSHIP

**WATCH ALL WORSHIP  
SERVICES LIVE ONLINE:**

<http://upc-superior.com/youtube>

### LITURGISTS

#### SEPTEMBER

9/1— Sue Olson  
9/8— Donna Okash  
9/15— Dustin Anderson  
9/22— Vacant  
9/29— Kathy Nelson

#### OCTOBER

10/6— Vacant  
10/13— Vacant  
10/20— Sue Olson  
10/27— Dustin  
Anderson

#### ***If you would like to fill any vacancies...***

The sign up sheets are available at the back of the Narthex. Dates through October of 2024 are posted. You may also call or email the office to sign up for a vacant date if you would like. Being a liturgist is a great opportunity to get involved by leading the church in our scripture readings, and our call to worship.

## UPBEAT GOING DIGITAL

As part of the communication audit, we're digitizing our UPBeat starting in October. We are still offering paper copies to those who would like them. If you would still like to receive a paper copy reach out to the office via phone call, email, or stop in during office hours by September 16<sup>th</sup> to sign up. Please contact the office with any questions.

### DID YOU KNOW YOU CAN DONATE ONLINE?

At United Presbyterian Church, we offer many opportunities to give of yourself to glorify God. From signing up to volunteer to donating financially, if you'd like to support the mission and vision of the church you can do so at the following link:

<https://www.upc-superior.com/donate>

A note from the office, please be diligent in getting the information or articles for the UPBeat to the office by the deadline.

#### UPBEAT FOR OCTOBER 2024

ISSUE DEADLINE: Thursday, September 26th

MAILING: Monday, September 30th

# THE UPBEAT SEPTEMBER 2024

From the Pastor

United,

This Summer was FULL. Not only did we have a lot of fun (volleyball, Dragon Boats, Munch Bunch, and more!) but we created spaces to worship in different ways, served our neighbors, and grew delicious veggies for them. I've loved getting to see folks out and about at different events or while Laura and I have been on a walk with our pups. It's truly a gift to live here in Superior and know you all!

While all of us have tried to rest a bit this Summer, your church has been busy at work preparing for the Fall at UPC. We've been writing grants, preparing music, reading books, hosting speakers, organizing small groups, bringing on an intern, experimenting in worship and so much more. I want to highlight four different things we've been up to that will be exciting:

1. Our upcoming Family Fall Retreat sure seems like it will be a blast. This retreat is a real opportunity for people of all ages to come together, rest, and develop relationships through sauna, worship, meals, canoeing, and more. A huge thanks to all of the Spiritual Formation committee members for their diligent work grant writing and organizing to make this happen. Sign-ups are available but space is limited!
2. For the last 15 years, we as a church have supported the work of Rev. Josh Heikkila, PC(USA) mission co-worker to Ghana, West Africa through prayer and financial gifts. This Spring he reached out to one of our elders, Dr. Ephraim Nikoi about organizing a group to take part in the next Ghana Mission Network Conference (GMN). The GMN is comprised of representatives from the Presbyterian Church USA, the Presbyterian Church of Ghana, and the Evangelical Presbyterian Church of Ghana. Once a year they gather to discuss how to grow their partnerships, do ministry together, and build relationships. This year, it will take place in Tema, Ghana. A group consisting of: Cathy Hecht, Laura Foote, Dr. Ephraim Nikoi, Dr. Bob McClellan, Phil Peterson (member of Bayfield Presbyterian Church), and myself wrote a successful grant to attend this conference and expand our relationships and ministry opportunities with our Ghanaian siblings! The conference will take place from October 7-19, 2024. Stay tuned for more information about ways to be involved!

A huge thank you to the Presbytery of Northern Waters for those grants (and others)!

3. Small Groups are starting this Fall at the end of September and expanding to include a Lenten Small Group for the Spring of 2025!
4. Our work serving at Great Lakes Elementary will be picking up again this shortly! Signups will be out soon to get involved serving our neighbors!

There's so much more I'd love to share but you'll just have to come spend time at UPC to find out more for yourself!

Grace & Peace,  
Pastor